Website: www.linedancerweb.com
Email: admin@linedancerweb.com

How Do I Breath

IMPROVER
32 Count 2 Walls
Choreographed by: Louise Larsen
Choreographed to: How Do I Breathe by Mario

Section 1	**Walk forward R L, Anchorstep R, Walk backwards L R, Point & Point**
1 - 2	Walk forward R, Walk forward L
3 & 4	Walk forward R, Walk forward L
5 - 6	Walk backwards L, Walk backwards R
7 & 8	Point L toes to the L, Step L next to R, Point R toes to the R
Section 2	**Coaster Â¼ Turn R, Hip Bumps L R, Step Turn Step**
1 & 2	Step R behind L beginning Â¼ turn R, Step L next to R finishing Â¼ turn R, Step R forward
3 & 4	Step L diagonally forward while pushing hips L, Push hips backwards, Push hips forward
5 & 6	Step R diagonally forward while pushing hips R, Push hips backwards, Push hips forward
7 & 8	Step forward on L, Turn Â½ turn R putting weight on R, Step forward on L (9 o'clock)
	Here is the restart on 7th wall
Section 3	**Walk forwards R L, Sisser Step R, Step L with Â¼ Turn R, Step back, Coaster Step**
1 - 2	Walk forward R, Walk forward L
3 & 4	Step R to R, Step L next to R, Cross step R over L
5 - 6	Step back on L while Â¼ R, Step back on R (12 o'clock)
7 & 8	Step back on L, Step R next to L, Step forward on L
Section 4	**Point & Point, Cross Rock L, Recover, Lock backwards L, Point R with Â½ Turn R**
1 & 2	Point R toes to the R, Step R next to L, Point L toes to the L
3 - 4	Cross step L over R, recover weight on R
5 & 6	Step back on L, Lock R over L, Step back on L
7 - 8	Point R toes backwards, Â½ turn R keeping weight on L (6 o'clock)
	Start again!
	Restart on 7th wall facing 9 o'clock after count 16:
	Start over again at the new front wall

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute