

**ROCK STEPS**

- 1 Rock forward on right
- 2 Rock back on left
- 3 Rock back on right
- 4 Rock forward on left
- 5 Rock forward on right
- 6 Rock back on left
- 7 Rock back on right
- 8 Rock forward on left

**PADDLE TURNS, PIGEON TOE OR DUCK WALKS**

- 9 Step forward on right
- 10 Paddle turn left 1/8 turn
- 11 Step forward on right
- 12 Paddle turn 1/8 left
- 13 Turning right toe in step on it
- 14 Turning left toe in step on it
- 15 Turning right toe in step on it
- 16 Turning left toe in step on it

**STEP SLIDES, STEP, HOLD, TURN, HOLD, TRAVELING HEEL SWIVELS**

- 17 Turn body slightly to the right and step slightly forward on right
- 18 Slide left up behind
- 19 Step slightly forward on right
- 20 Touch left next to right
- 21 Turning body slightly left step forward on left
- 22 Slide right up behind
- 23 Step forward on left
- 24 Touch right next to left
- 25 Step to the right on right
- 26 Hold
- 27 Pivoting on right turn 1/2 turn right and step on left
- 28 Hold
- 29 Swivel both heels left
- 30 Swivel both toes left
- 31 Swivel both heels left
- 32 Swivel both toes left (weight on left)

**STEP SLIDES, STEP, HOLD, TURN, HOLD, TRAVELING HEEL SWIVELS**

- 33 Turn body slightly to the right and step slightly forward on right
- 34 Slide left up behind
- 35 Step slightly forward on right
- 36 Touch left next to right
- 37 Turning body slightly left step forward on left
- 38 Slide right up behind
- 39 Step forward on left
- 40 Touch right next to left
- 41 Step to the right on right
- 42 Hold
- 43 Pivoting on right turn 1/2 turn right and step on left
- 44 Hold
- 45 Swivel both heels left
- 46 Swivel both toes left
- 47 Swivel both heels left
- 48 Swivel both toes left (weight on left)

**REPEAT**