

Hot Trot Cowboy

32 Count, 4 Wall, Intermediate

Choreographer: Levi J. Hubbard (USA) Dec 2008

Choreographed to: Rockin Beats by Bomfunk MC

Start dance when the main beat kicks in

(RIGHT) SUGAR, COASTER, (LEFT) SUGAR, COASTER

- 1-2 Touch right toe together (turned in), touch right heel to side (toe turned out)
3&4 Step right back, step left together, step right forward
5-6 Touch left toe together (turned in), touch left heel to side (toe turned out)
7&8 Step left back, step right together, step left forward

(RIGHT) SIDE ROCK-RECOVER, FULL TRIPLE TURN (RIGHT), (LEFT) SIDE ROCK-RECOVER, FULL TRIPLE TURN (LEFT)

- 9-10 Rock right to side, recover to left (slightly kick right to side)
11&12 Triple in place turning a full turn right stepping right, left, right
13-14 Rock left to side, recover to right (slightly kick left to side)
15&16 Triple in place turning a full turn left stepping left, right, left
Option for those who don't like to turn: just triple step in place, or do crossing shuffles

**¼ TURN (LEFT) STEP BACK, STEP BACK, HEEL JACK & STEP FORWARD,
½ TURN (RIGHT) STEP BACK, HEEL JACK & STEP FORWARD**

- 17-18 Turn ¼ left and step right back, step left back
&19 Step right back, touch left heel forward
&20 Step left back, step right forward
21-22 Turn ½ right and step left back, step right back
&23 Step left back, touch right heel forward
&24-25 Step right back, step left forward, touch right toe to side

TOE SWITCHES, HEEL SWITCHES, (2) ½ PIVOT TURNS (LEFT), OR HIP ROLL IN PLACE

- &26 Step right together, touch left to side
&27 Step left together, touch right heel forward
&28 Step right together, touch left heel forward
&29-30 Step left together, step right forward, turn ½ left (weight to left)
31-32 Step right forward, turn ½ left (weight to left)

Fun option:

- &29 Step left together, step right slightly forward
30-32 Roll your hips around for 3 counts, or slow body roll