

## Holding Out (For A Hero)

64 count, 2 wall, intermediate level

Choreographer: Gaye Teather (UK) March 2004

Choreographed to: Holding Out For A Hero by Bonnie

Tyler - Best of Bonnie Tyler and Bonnie Tyler

Greatest Hits (150 bpm); Wait A Minute by Sara

Evans – Line Dance Fever 10 (143 bpm)

Start - 64 counts from keyboard intro starting on vocals (32 count in)

**CHASSE RIGHT, ROCK BACK. SIDE-BEHIND, SHUFFLE 1 / 4 TURN LEFT**

- 1 & 2 Step right to right side, close left beside right, step right to right  
3 – 4 Rock back on left foot. Recover onto right  
5 – 6 Step left to left side, cross right behind left  
7 & 8 Step left foot 1 / 4 turn left. Close right beside left, step forward on left (9 o'clock)

**POINT-CROSS, POINT-CROSS, POINT, 1 / 2 TURN RIGHT. POINT, TOUCH**

- 9 – 10 Point right toe to right side. Cross step right over left  
11 – 12 Point left toe to left side. Cross step left over right  
13 – 14 Point right toe to right side. Make 1 / 2 turn right on ball of left stepping right beside left  
15 – 16 Point left toe to left side. Touch left toe beside right foot (3 o'clock)

**ROCK BACK, LEFT SHUFFLE FORWARD. FULL TURN LEFT. RIGHT SHUFFLE FORWARD**

- 17 – 18 Rock back on left foot. Recover onto right.  
19 & 20 Step forward on left. Close right beside left, step forward on left  
21 – 22 1 / 2 turn left stepping back on right. 1 / 2 turn left stepping forward on left  
23 & 24 Step forward on right. Close left beside right, step forward on right (3 o'clock)

**STEP, 1 / 4 TURN RIGHT. CROSS SHUFFLE. RIGHT WEAVE**

- 25 – 26 Step forward on left. Turn 1 / 4 right  
27 & 28 Cross left over right, step right to right, cross left over right  
29 – 30 Step right to right, cross left behind right  
31 – 32 Step right to right, cross left over right (6 o'clock)

**SIDE ROCK. CROSS SHUFFLE. SIDE-BEHIND, 1 / 4 TURN LEFT. STEP**

- 33 – 34 Rock right to right side. Recover onto left  
35 & 36 Cross right over left, step left to left, cross right over left  
37 – 38 Step left to left. Cross right behind left  
39 – 40 Step left foot 1 / 4 turn left. Step forward on right (3 o'clock)

**FORWARD ROCK, BACK. HOLD & CLAP. JAZZ JUMPS BACK X 3. HOLD & CLAP**

- 41 – 42 Rock forward on left. Recover onto right  
43 – 44 Step back on left. Hold and clap  
& 45 Small jump step back on right. Step left beside right  
& 46 & 47 Repeat steps & 45 twice more  
48 Hold and clap (3 o'clock)

**1 / 4 MONTEREY TURN RIGHT. FULL ROLLING TURN LEFT**

- 49 – 50 Point right toe to right side. On ball of left turn 1 / 4 right stepping right beside left  
51 – 52 Point left toe to left side. Touch left beside right  
53 – 54 Step left foot 1 / 4 left. Make 1 / 2 turn left stepping back on right  
55 – 56 Turn 1 / 4 left stepping left to left side. Touch right beside left (6 o'clock)

**CHASSE RIGHT. 1 / 2 TURN RIGHT. CLAP. 1 / 2 TURN RIGHT. CLAP. CROSS. CLAP**

- 57 & 58 Step right to right side, close left beside right, step right to right  
59 – 60 Make 1 / 2 turn right stepping left to left side. Hold and clap  
61 – 62 Make 1 / 2 turn right stepping right to right side. Hold and clap  
63 – 64 Cross step left over right. Hold and clap