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Hit The Trail

32 Count, 4 Wall, Improver Choreographer: William Sevone (UK) July 2012 Choreographed to: Everybody Gonfi Gon by 2 Cowboys (138 bpm)

Choreographers note: Fast n furious .. and includes the 'Mule Kick' option Dance starts with the first sound of the drums, feet apart and weight on left

1& 2	2x Chasse-Full Turn Side Rock (12:00) Step right to right side, step left next to right, step right to right side.
3 - 4	Turn ½ right & step left to left side (6). Turn ½ right and rock right to right side (12).
5& 6	Step left to left side, step right next to left, step left to left side.
7 - 8	Turn ½ left & step right to right side. Turn ½ left & rock left to left side.
9 - 10 11& 12	Side Cross. 2x Kick Ballcross. Side. 1/2 Side (6:00) Step/recover onto right. Cross left over right. Kick right forward, step right next to left, cross left over right.
13& 14	Kick right forward, step right next to left, cross left over right.
15 - 16	Step right to right side. Turn ½ left & step left to left side (6).
16& 17 18& 19 21 - 22 23 - 24 Dance style:	2x Kick Ballcross. Side Rock. Recover. 2x Hip Slap (6:00) Kick right forward, step right next to left, cross left over right. Kick right forward, step right next to left, cross left over right. Rock right to right side. Recover onto left Push hip to right & slap butt with right hand. Push hip to left & slap butt with left hand. Count 23 - look over right shoulder. Count 24 - look over left shoulder.
&25&26 27 - 28 29& 30 Mule Kick 29& 30	Jump: In-Out-Cross. 1/2 Unwind. Jump Fwd: RL. Fwd. Fwd. 1/4 Touch (3:00) Jump feet together – R then L. Jump feet apart – R then L. Jump together crossing right over left. Unwind ½ left (12). Jump forward – Right then Left. Step forward onto right. Replace Counts 29&30 with the harder Mule Kick option: (29) jumping upward & kicking feet backward - slap left foot with left hand, (&) whilst placing left foot to floor – slap right foot with right hand. (30) step right down next to left (weight even).
31 - 32	Step forward onto left. Turn ¼ right & touch right next to left.

DANCE FINISH: The dance finishes during the music fade on Count 16 of the 12th wall (facing 3:00)

To finish facing the 'Home' wall, simply replace Count 16 with:

Turn 3/4 left & step forward onto left. (Then follow up with a step right next to left)

Music download available from Amazon, iTunes

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