

## Hit The Floor

64 Count, 4 Wall, Intermediate

Choreographer: Ria Vos (NL) March 2014

Choreographed to: Hit The Ground (Original FM cut) by Kique Santiago, Single

Intro: 32 Counts ( $\pm 14$  sec)

**1 Cross,  $\frac{1}{4}$  R,  $\frac{1}{4}$  R, Point,  $\frac{1}{4}$  L,  $\frac{1}{2}$  L, Coaster Step**

1-2 Cross R Over L,  $\frac{1}{4}$  Turn R Step Back on L  
3-4  $\frac{1}{4}$  Turn R Step R to R Side, Point L to L Side  
5-6  $\frac{1}{4}$  Turn L Step L Fwd,  $\frac{1}{2}$  Turn L Step Back on R  
7&8 Step Back on L, Step R Next to L, Step Fwd on L

**2 Cross Rock, & Touch, & Touch, Monterey  $\frac{1}{4}$  R, Side Rock-Cross**

1-2 Cross Rock R Over L, Recover on L  
&3 "Jump" Step R Back on R Back Diagonal, Touch L Next to R  
&4 "Jump" Step L Back on L Back Diagonal, Touch R Next to L  
5-6 Point R to R Side,  $\frac{1}{4}$  Turn R Step R Next to L  
7&8 Rock L to L Side, Recover on R, Cross L Over R

**3 Side, Hitch Across, Side, Together, Twist x3 to R Side, Hook Behind**

1-2 Step R to R Side, Hitch L Across R  
3-4 Step L to L Side, Step R Next to L (slightly bending both knees)  
5-7 Swivel Both Heels to R Side, Swivel Toes to R Side, Swivel Heels to R Side  
8 Hook/Flick L Behind R

**4  $\frac{1}{4}$  L,  $\frac{1}{2}$  L,  $\frac{1}{4}$  Chasse L, Cross Rock, Chasse R**

1-2  $\frac{1}{4}$  Turn L Step Fwd on L,  $\frac{1}{2}$  Turn L Step Back on R  
3&4  $\frac{1}{4}$  Turn L Step L to L Side, Step R Next to L, Step L to L Side  
5-6 Cross Rock R Over L, Recover on L  
7&8 Step R to R Side, Step L Next to R, Step R to R Side

**5 Jazz Box  $\frac{1}{4}$  Turn L, Point, Together, Point, Dip with Shoulders**

1-2 Cross L Over R,  $\frac{1}{4}$  Turn L Step Back on R  
3-4 Step L to L Side (dip down), Point R to R Side (turn body L with R shoulder fwd)  
5-6 Step R Next to L (dip down), Point L to L Side (turn body R with L shoulder fwd) (\*Ending)  
7&8 Roll Shoulders from Front to Back: L-R-L Transferring weight to L (dip and come up again)

**6 Cross, Touch, & Heel Ball Cross, Side Rock, Behind-Side-Cross**

1-2 Cross R Over L, Touch L Behind R Heel  
&3 Step Back on L, Touch R Heel to R Diagonal  
&4 Step on Ball of R Next to L, Cross L Over R  
5-6 Rock R to R Side, Recover on L  
7&8 Step R Behind L, Step L to L Side, Cross R Over L

**7 Walk-Walk-Shuffle (Turning  $\frac{3}{4}$  Turn L) Step Fwd,  $\frac{1}{2}$  Turn R, Shuffle  $\frac{1}{2}$  Turn R**

1-2  $\frac{1}{4}$  Turn L Step Fwd on L,  $\frac{1}{4}$  Turn L Step Fwd on R  
3&4  $\frac{1}{4}$  Turn L Shuffle Fwd Stepping L, R, L (count 1-4 make a semi-circle walk around  $\frac{3}{4}$  turn L)  
5-6 Step Fwd on R,  $\frac{1}{2}$  Turn R Step Back on L  
7&8  $\frac{1}{4}$  Turn R Step R to R Side, Step L Next to R,  $\frac{1}{4}$  Turn R Step Fwd on R

**8 Rock Fwd, & Rock Fwd, Back, Swivel, Touch Back, Unwind  $\frac{1}{4}$  Turn L**

1-2 Rock Fwd on L, Recover on R  
&3-4 Step L Next to R, Rock Fwd on R, Recover on L  
5&6 Step Back on R, Swivel Both Heels L, Recover (weight R) (option: Bump Back x2 without Swivel)  
7-8 Touch L Behind R, Unwind  $\frac{1}{4}$  Turn L (weight L)

**\*Ending:** You will end on section 5, with L foot Pointed to L side (count 38). Turn  $\frac{1}{2}$  L to Face the front (weight L and legs crossed), bend your knees and pretend to "hit the floor" with your hand palms down.