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64

Hip Rock

BEGINNER

64 Count

Choreographed by: Deborah Bates Choreographed to: Back In Your Arms Again by Lorrie Morgan

DIAGONAL HIP ROCKS 1 Rock forward and diagonally right on right foot 2 Rock back and diagonally left on left foot 3 Rock forward and diagonally right on right foot 4 Rock back and diagonally left on left foot Rock back and diagonally right on right foot 5 6 Rock forward and diagonally left on left foot Rock back and diagonally right on right foot 7 8 Rock forward and diagonally left on left foot DIAGONAL HIP ROCKS, FORWARD WALK, KICK Repeat counts 3 through 6 9 - 12 13 - 14 Walk forward on right foot; walk forward on left foot 15 - 16 Walk forward on right foot; kick left foot forward BACKWARD WALK, TOUCH, RIGHT ROLLING TURN, TOUCH 17 - 18 Walk backward on left foot; walk backward on right foot 19 - 20 Walk backward on left foot; touch right foot next to left 21 Step to the right on right foot and begin a full to the right rolling turn traveling to the right Step on left foot and continue full to the right rolling turn 22 Step on right foot and complete full to the right rolling turn 23 Touch left foot next to right 24 **LEFT ROLLING TURN, HIP BUMPS** 25 Step to the left on left foot and begin a full to the left rolling turn traveling to the left 26 Step on right foot and continue full to the left rolling turn 27 Step on left foot and complete full to the left rolling turn 28 Touch right foot next to left 29 - 30 Step slightly forward and diagonally right on right and bump hips to the right twice 31 - 32 Bump hips backward and to the left twice **HIP GRINDS, FORWARD SHUFFLES** 33 - 34 With feet still in place, grind hips one full to the left revolution 35 - 36 Repeat counts 33 - 34 Shuffle forward (right, left, right) 37 & 38 Shuffle forward (left, right, left) 39 & 40 MILITARY PIVOT TO THE LEFT, FORWARD SHUFFLES, MILITARY TURN TO THE LEFT 41 Step forward on right foot 42 Pivot 1/2 turn to the left on ball of right foot and shift weight to left foot Shuffle forward (right, left, right) 43 & 44 45 & 46 Shuffle forward (left, right, left) Step forward on right foot 47 48 Pivot 1/4 turn to the left on ball of right foot and shift weight to left foot JAZZ SQUARE, TOUCH, STEP-TOUCH, CROSS, UNWIND 49 - 50 Cross right foot over left and step; step back on left foot 51 - 52 Step right foot slightly to the side; touch left foot next to right Step forward on left foot; touch right foot to the right 53 - 54 Cross right foot over left; unwind 1/2 turn to the left (finish with weight on left foot) 55 - 56 FORWARD WALK, KICK, ROLLING TURN BACK, TOUCH 57 - 58 Walk forward on right foot; walk forward on left foot 59 - 60 Walk forward on right foot; kick left foot forward Step back on left foot and begin a full to the left rolling turn 61 Step on right foot and continue full to the right rolling turn 62 63 Step on left foot and complete full to the left rolling turn Touch right foot next to left

REPEAT

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