## Help! I'm A Fish

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## PART A:

1-8 Walk right, left, Right shuffle, Rock step, Sailor step.
1, 2 Step forward right foot, Step forward left foot.
3\&4 Right shuffle forward. (Right, left, right)
5, $6 \quad$ Rock forward left, Recover on right.
7\&8 Step left behind right, Step right to right side, Step left to left.
9-16 Step turn, Rock \& Cross, Rock \& Cross, Rock Recover
9, 10
11\&12
Rock left to left side, Recover on right, Cross left over right.
15, 16 Rock back on right, Recover on left.
17-24 Walk right, left, Right shuffle, Rock step, Sailor step.
17, 18 Step forward right foot, Step forward left foot.
19\&20 Right shuffle forward. (Right, left, right)
21, 22 Rock forward left, Recover on right.
23\&24 Step left behind right, Step right to right side, Step left to left.

25-32
25, 26
27\&28
29\&30
31, 32
PART B:
1-8
1, 2
3, 4
5\&6
\&7, 8
PART C:
1-8 Cross, Unwind $1 \not 22$ turn, Step, Kick, Sailor step, Sailor step.
1, 2
3, 4
5\&6
\& 11
\&12
13, 14
15\&16
17-24
17, 18
19\&20
21, 22
23, 24

Step turn, Rock \& Cross, Rock \& Cross, Rock Recover
Step forward right, pivot $1 / 2$ turn left. (Weight on left)
Rock right to right side, Recover on left, Cross right over left.
Rock left to left side, Recover on right, Cross left over right.
Rock back on right, Recover on left.

Step $1 / 4$ turn, Step $1 / 4$ turn, Touch \& Touch \& Touch.
Step forward right, pivot $1 / 4$ turn left, (weight on left foot)
Step forward right, pivot $1 / 4$ turn left, (weight on left foot)
Touch right toe forward, step right in place, touch left toe forward.
Step left in place, touch right toe out to right side. Hold.

Cross right over left, Unwind $1 / 2$ turn over left shoulder.
(Keep weight on left and point right to right side)
Step to side on right, Kick left to left side.
Step left behind right, Step right to right side, Step left to left.
Step right behind left, Step left to left side, Step right to right.
Cross, Step x4, Rock step, Sailor turn.
Cross left over right, Step right to right side, Cross left over right.
Step right to right side, Cross left over right.
Step right to right side. Cross left over right.
Rock right to right side, Recover on left.
Step right behind left, Step left to left side, Step right $1 / 4$ turn right.
Step turn, Triple $1 / 2$ turn, Rock step, $1 / 4$ turn left, Kick.
Step forward left, Pivot $1 / 2$ turn over right shoulder.

Rock back on right foot, Recover on left.

33-40 Coaster step, Rock Step, Shuffle back, \& Touch, sit down.

41-48 Stand up, sit down, Stand up, Sit down, Sailor turn, Step pivot $1 / 2$.
41, 42 Keeping right foot back \& Left foot forward, stand up, then sit back down.
43, $44 \quad$ Repeat counts 41, 42.
45\&46 Step left behind right, Step right to right side, Step left $1 / 4$ turn left.
47, $48 \quad$ Step forward right, Pivot $1 / 2$ over left shoulder (Weight on left foot)
49-56 Jump back, Twist, Twist $1 / 4$ turn, Coaster Step, Step turn.
\&49, \&50 Jump back right then left foot, making $1 / 2$ over left shoulder, wiggling hips
51, 52
53\&54
Twist heels right, Twist heels left making $1 / 4$ turn right.
55, 56
Step back right foot, Step left next right, Step right foot forward.
Step forward left foot, pivot $1 / 2$ over right shoulder. (Weight on right)
57-64 Step, Step, Hold for two, Hip Bumps
57, 58 Step forward left foot, Step right shoulder width apart.
59, $60 \quad$ Hold for both counts
61\&62 Bump hips right, left, right
63\&64 Bump hips right, left, right
Note: The different parts are easy to spot with the change in music!

