STEPPIN'OFF



THEPage



Approved by:



Heartache Avenue

4 WALL – 32 COUNTS – ABSOLUTE BEGINNER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Step, Together, Step, Touch, Step, Together, Step, Touch		
1 – 2	(Travelling to right diagonal) Step right forward. Step left beside right.	Right Together	Forward
3 – 4	Step right forward. Touch left beside right.	Right Touch	
5 – 6	(Travelling to left diagonal) Step left forward. Step right beside left.	Left Together	
7 – 8	Step left forward. Touch right beside left.	Left Touch	
Section 2	Grapevine Right, Touch, Grapevine Left 1/4 Turn, Scuff		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Touch left beside right.	Side Touch	
5 – 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 – 8	Make 1/4 turn left stepping left forward. Scuff right forward.	Turn Scuff	Turning left
Section 3	4 x Toe Struts Travelling Backwards		
1 – 2	Step right toe slightly back. Drop right heel taking weight.	Right Strut	Back
3 – 4	Step left toe slightly back. Drop left heel taking weight.	Left Strut	
5 – 6	Step right toe slightly back. Drop right heel taking weight.	Right Strut	
7 – 8	Step left toe slightly back. Drop left heel taking weight.	Left Strut	
Section 4	Point, Together (x 4)		
1 – 2	Point right to right side. Step right beside left.	Point Together	On the spot
3 – 4	Point left to left side. Step left beside right.	Point Together	
5 – 6	Point right to right side. Step right beside left.	Point Together	
7 – 8	Point left to left side. Step left beside right.	Point Together	
Option	Difficulty level of dance can be increased (see video) by changing:		
Section 2	1 - 4 Full rolling turn right with touch. 5 - 8 Rolling 1&1/4 turn left with scuff.		
Section 4	1 - 8 Two monterey 1/2 turns right.		

Choreographed by: Peter Jones and Anna Lockwood (UK) November 2010

Choreographed to: 'Heartache Avenue' by The Maisonettes from CD The Very Best Of The Maisonettes; also available as download from amazon.co.uk or iTunes

(32 count intro

Music suggestion: 'Hard Hat And A Hammer' by Alan Jackson from CD Freight Train



A video clip of this dance is available at www.linedancermagazine.com