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Happiness Is

32 count, 4 wall, Beginner/Intermediate level
Choreographer: Jennifer Davies (UK) Feb 2006
Choreographed to: Happiness by Will Young,
CD: Keep On

32 counts after beat starts

- | | |
|-----|---|
| 1-2 | Rock forward Right, replace weight on Left |
| 3&4 | Right coaster step turning $\frac{1}{4}$ Left |
| 5-6 | Left rock forward, replace weight on Right |
| 7&8 | $\frac{1}{2}$ turn Left on a left, right, left |
| | |
| 1-2 | Cross Right over left, Point Left to Left |
| 3&4 | Left sailor step |
| 5-6 | Sway hips Left, Sway hips Right |
| 7&8 | Sway hips Left, Right, Left |
| | |
| 1-2 | Skate forward Right, Skate forward Left |
| 3&4 | Shuffle forward Right, Left, Right |
| 5-6 | Slide back Left, Slide back Right |
| 7&8 | Left coaster step turning $\frac{1}{4}$ Right |
| | |
| 1-2 | Rock forward Right, replace weight on left |
| 3&4 | Rock right to right side, Replace weight on Left, Cross Right over Left |
| 5-6 | Step back Left turning $\frac{1}{4}$ Right |
| 7&8 | Left mambo step |