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- Toe, Heel, Shuffle X 2**  
1 - 8 Touch Right Toe To Left Foot, Touch Right Heel To Left Foot. Shuffle Forward R,l,r Touch Left Toe To Right Foot, Touch Left Heel To Right Foot. Shuffle Forward L,r,l
- Step Forward, Pivot, 2 Stomps**  
9 - 12 Step Forward On Right Foot, Pivot 1/2 Turn Left. Stomp Right Foot Forward, Stomp Left Next To Right.
- Swivet X 2**  
13 - 16 With Weight On Right Heel And Left Toes Swivel Both Heels To Left/centre. With Weight On Left Heel And Right Toes Swivel Both Heels To Right/centre.
- Heels, Toes, Heels, Clap X 2**  
17 - 24 Twist Heels Left, Toes Left, Heels Left, Clap. Twist Heels Right, Toes Right, Heels Right, Clap
- Step Forward, Pivot Turn, Shuffle X 2**  
25 - 32 Step Forward On Left Foot, Pivot 1/2 Turn Right. Shuffle Forward L,r,l Step Forward On Right Foot, Pivot 1/2 Turn Left. Shuffle Forward R,l,r.
- Long Step, Shimmy, Touch**  
33 - 36 Step Long Step Forward On Left Foot, Turning 1/4 Turn To Right. Shimmy Over 2 Counts, Placing Weight On Left Foot. Touch Right Foot Next To Left.
- Kick, Ball, Touch X 2**  
37 - 40 Kick Right Foot Forward, Replace Next To Left And Touch Left Toe To Left Side. Kick Left Foot Forward, Replace Next To Right And Touch Right Toe To Right Side
- Jazz Box With 1/4 Turn Right X 2**  
41 - 48 Cross Right Foot Over Left Foot, Step Back Onto Left Foot. Turn 1/4 Turn Onto Right Foot, Close Left Foot Next To Right. Cross Right Foot Over Left Foot, Step Back Onto Left Foot. Turn 1/4 Turn Onto Right Foot, Close Left Next To Right.
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