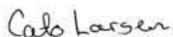
STEPPIN'OFF



THEPage



Approved by:





4 WALL - 32 COUNTS - BEGINNER			
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1	Walk Back x 3, Hitch, Walk Forward x 3, Kick		
1 - 3	Walk back right. Walk back left. Walk back right.	Back 2 3	Back
4	Hitch left knee and clap.	Hitch	On the spot
5 - 7	Walk forward left. Walk forward right. Walk forward left.	Walk 2 3	Forward
8	Kick right forward and clap.	Kick	On the spot
Section 2	Rolling Vine Right, Touch, Rolling Vine Left, Touch		
1	Make 1/4 turn right stepping right forward.	Turn	Turning right
2	Make 1/2 turn right stepping left back.	Turn	
3	Make 1/4 turn right stepping right to right side.	Turn	
4	Touch left toe beside right and clap. (12:00)	Touch	On the spot
5	Make 1/4 turn left stepping left forward.	Turn	Turning left
6	Make 1/2 turn left stepping right back.	Turn	
7	Make 1/4 turn left stepping left to left side.	Turn	
8	Touch right toe beside left and clap. (12:00)	Touch	On the spot
Section 3	Cross Rock, Side, Cross Rock, Side, Step, Pivot 1/2 Left, Stomp x 2		
1 & 2	Cross rock right over left. Recover onto left. Step right to right side.	Cross Rock Side	Left
3 & 4	Cross rock left over right. Recover onto right. Step left to left side.	Cross Rock Side	Right
5 - 6	Step right forward. Pivot 1/2 turn left. (6:00)	Step Pivot	Turning left
7 - 8	Stomp right beside left. Stomp left beside right.	Stomp Stomp	On the spot
Section 4	Cross Rock, Side, Cross Rock, Side, Step, Pivot 1/4 Left, Stomp x 2		
1 & 2	Cross rock right over left. Recover onto left. Step right to right side.	Cross Rock Side	Left
3 & 4	Cross rock left over right. Recover onto right. Step left to left side.	Cross Rock Side	Right
5 - 6	Step right forward. Pivot 1/4 turn left. (3:00)	Step Pivot	Turning left
7 - 8	Stomp right beside left. Stomp left beside right.	Stomp Stomp	On the spot

Choreographed by: Cato Larsen (Norway) October 2006.

Choreographed to: 'Alfie' by Lily Allen (120 bpm) from CD Lily Allen, Alright Still

(16 count intro - start on vocals).

