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Alesha's Boy

IMPROVER

32 Count 4 Walls

Choreographed by: Michael Lynn
Choreographed to: The Boy Does Nothing by Alesha Dixon

LEFT ROCKING CHAIR, FORWARD LEFT SHUFFLE, STEP-TURN-STEP. FULL TRIPLE TURN Section 1 RIGHT 1 & 2 & Rock forward on left, rock back onto right, rock back on left, rock forward onto right, 3 & 4 Step forward left, close right beside left, step forward left, 5 & 6 Step forward right, pivot 1/2 turn left, step forward right, Triple step full turn right, stepping - left, right, left. 7 & 8 Counts 7&8 can be replaced with a forward left shuffle. ALT: ALT: Section 2 TOUCH OUT/IN/KICK, WEAVE, ZIGZAG RIGHT, UNWIND 1/2 TURN RIGHT Touch right toe to right side, touch right toe next to left, 1 & 2 & Touch right toe to right side, kick right to right diagonal, 3 & 4 Cross right behind left, step left to left side, cross right over left. 5 & 6 & Cross left over right, step right to right side, cross left behind right, step right to right side, Cross left over right, unwind 1/2 turn right. 7 - 8 SHIMMIES, ZIGZAG LEFT, UNWIND 1/2 TURN LEFT Section 3 1 & 2 Step right to right side, dragging left beside right (shimmy shoulders as you drag). 3 & 4 Step right to right side, dragging left beside right (shimmy shoulders as you drag), 5 & 6 & Cross right over left, step left to left side, cross right behind left, step left to left side, Cross right over left, unwind 1/2 turn left. 7 - 8 Section 4 MAMBO KICK STEPS, PADDLE 1/3 TURN LEFT x2, 1/3 TURN LEFT, SAILOR 1/4 TURN LEFT 1 & 2 & Rock forward right, recover left, step right beside left, kick left forward, 3 & 4 & Rock back left, recover right, step left beside right, kick right forward, 5 & Make 1/3 turn left touching right toe to right side, hitch right knee, Make 1/3 turn left touching right toe to right side, hitch right knee, 6 & 7 Spring onto right making 1/3 left (should face wall you started on count 5) Sweeping left behind right, make 1/4 turn left stepping right beside left. 8 & Counts 5-6 can be replaced with a right rock recover. ALT: ALT:

Counts 7&8 can be replaced with a coaster 1/4 turn left, stepping right back, step left 1/4 left, step right

beside left.