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Golden Years

64 Count, 2 Wall, Improver Choreographer: Dee Musk (UK) April 2011 Choreographed to: Golden Years by Sandy Newman,

Album: Golden Years (136 bpm)

32 Count Intro from the start. Approx 15 seconds.

1 1-4 5-8	R MAMBO FORWARD L KICK, L COASTER STEP BRUSH. Rock forward on R, recover weight to L, step back on R, kick L forward. Step back on L, step R beside L, step forward on L, brush R forward.	(12 o'clock)
2 1-4 5-8 Restar	R LOCK STEP BRUSH, ROCK RECOVER ½ TURN L BRUSH. Step forward on R, lock L behind R, step forward on R, brush L forward. Rock forward on L, recover weight to R, make a ½ turn L, brush R forward. t from here during wall 3 – begin again facing 6 o'clock wall.	(6 o'clock)
3 1-4 5-8	SIDE TOUCH X 2, SIDE BEHIND SIDE CROSS. Step R to R side, touch L beside R, step L to L side, touch R beside L. Step R to R side, cross L behind R, step R to R side, cross L over R.	(6 o'clock)
4 1-4 5-8	SIDE TOUCH X 2, ROCK RECOVER CROSS HOLD. Step R to R side, touch L beside R, touch L to L side, touch R beside L. Rock R out to R side, recover weight to L, cross R over L, hold count 8.	(6 o'clock)
5 1-4 5-8	SIDE BEHIND SIDE CROSS, ROCK ¼ TURN STEP R HOLD. Step L to L side, cross R behind L, step L to L side, cross R over L. Rock L out to L side, make a ¼ turn R, step forward on L, hold count 8.	(9 o'clock)
6 1-4 5-8	R LOCK STEP BRUSH, L LOCK STEP BRUSH. Step forward on R, lock L behind R, step forward on R, brush L forward. Step forward on L, lock R behind L, step forward on L, brush R forward.	(9 o'clock)
7 1-4 5-8	ROCK RECOVER ½ TURN R BRUSH, STEP ¼ TURN R CROSS HOLD. Rock forward on R, recover weight to L, make a ½ turn R, brush L forward. Step forward on L, make a ¼ turn R, cross L over R, hold count 8.	(6 o'clock)
8 1-4 5-8	RUMBA BOX BACK TOUCH, RHUMBA BOX FORWARD BRUSH. Step R to R side, step L beside R, step back on R, touch L beside R. Step L to L side, step R beside L, step forward on L, brush R forward.	(6 o'clock)

Restart during wall 3 – dance the first 2 sections then begin again facing 6 o'clock wall.

Ending: on the final wall, as the music slows, dance to the end of the sequence to finish facing front.

Track downloadable from www.sandy-newman.com for 99 cents – Approx 63p