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Goin' With The Flow

32 count, 4 wall, beginner level Choreographer: John Dembiec (USA) Jan 2008 Choreographed to: Rollin' With The Flow by Mark Chesnutt (120 bpm)

VINE, CROSS ROCK, ¹/₂ TURNING TRIPLE

- 1-2 Step left over right, step right to right
- 3-4 Step left behind right, step right to right
- 5-6 Cross rock left over right, replace to right
- 7&8 Making ¼ turn left step left to left, step right next to left, making ¼ turn left step left next to right

SHUFFLE, ROCK (TWICE)

- 1&2 Shuffle forward right, left, right
- 3-4 Rock left forward, replace to right
- 5&6 Shuffle back left, right, left
- 7-8 Rock right back, replace to left

VINE, TOUCH, VINE, BRUSH

- 1-4 Step right to right, step left behind right, step right to right, touch left next to right
- 5-8 Step left to left, step right behind left, step left to left, brush right forward slightly over left You may turn/roll these vines at your discretion

ROCK, ¹/₄ TURN (TWICE), CROSS ROCK, ¹/₄ TURN SHUFFLE

- 1-2 Rock right forward, replace to left making ¼ turn left
- 3-4 Rock right forward, replace to left making ¼ turn left
- 5-6 Cross rock right over left, replace to left
- 7&8 Making ¼ turn right shuffle forward right, left, right

Music download available from iTunes

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