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- 1 & 2 Shuffle forward right-left-right
3 & 4 Shuffle forward left-right-left
5 - 6 Step forward on right, pivot 1/2 turn left (keep weight on right)
7 - 8 Rock back on left, rock forward on right
1 & 2 Shuffle forward left-right-left
3 & 4 Shuffle forward right-left-right
5 - 6 Step forward on left, pivot 1/2 turn right (keep weight on left)
7 - 8 Rock back on right, rock forward on left
1 - 8 Walk forward right-left-right-left 2 counts each step, sway hips as you walk
1 - 4 Step apart right & left, step together right & left
5 - 8 Step apart right & left, step together right & left
1 - 4 Jump apart, jump cross right over left, jump apart & together
1 - 8 Step back toe/heel action with claps or clicks right-left-right-left
1 - 4 Right lock step forward & scuff left
5 - 8 Left lock step forward & scuff right
1 - 4 Cross right over left, unwind 1/2 turn left & tap heels twice
5 - 8 Body roll start with weight on right-left-right-left

REPEAT