

Rocks Forward and Back. Triple 1/2 Turn

- 1 - 2 Rock forward on left, rock back on right (with hip sways)
3 & 4 Rock forward on left, rock back on right, rock forward on left (with hip sways)
5 - 6 Rock forward on right, rock back on left
7 & 8 1/2 turn right stepping right, left, right

Rocks Forward and Back. Triple 3/4 Turn

- 9 - 10 Rock forward on left, rock back on right (with hip sways)
11 & 12 Rock forward on left, back on right, forward on left (with hip sways)
13 - 14 Rock forward on right, back on left
15 & 16 Make 3/4 turn over right shoulder stepping right, left, right

Step Points Forward & Back

- 17 - 18 Step forward on left, point right toe to right side
19 - 20 Step forward on right, point left toe to left side
21 - 22 Step back on left, point right toe to right side
23 - 24 Step back on right, point left toe to left side

Left Sailor Step, Right Sailor 1/4 Turn. Stroll Forward

- 25 & 26 Left sailor step
27 & 28 Right sailor step with 1/4 turn right
29 - 30 Walk forward left & right with hip sways
31 - 32 Step forward left, step right beside left.