



Go For It!	
matable.	The Girls

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Toe Strut Back, Back Rock, Toe Strut Forward, Rock Step.		
1 - 2	Step right toe back. Drop right heel taking weight.	Toe Heel	Back
3 - 4	Rock left back. Recover on right.	Back Rock	On the spot
5 - 6	Step left toe forward. Drop left heel taking weight.	Toe Heel	Forward
7 - 8	Rock right forward. Recover on left.	Rock Step	On the spot
Section 2	Rhumba Box.		
1 - 2	Step right to right side. Close left beside right.	Side Together	Right
3 - 4	Step right back. Hold.	Back Hold	Back
5 - 6	Step left to left side. Close right beside left.	Side Together	Left
7 - 8	Step left forward. Hold.	Forward Hold	Forward
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Section 3	Side Steps, Claps, Step Forward, Clap, Step 1/4 Turn Left, Clap.		
1 - 2	Step right to right side. Lean body towards right clapping hands to right.	Side Clap	Right
3 - 4	Step left to left side. Lean body towards left clapping hands to left.	Side Clap	Left
5 - 6	Step right forward. Lean forward clapping hands forward.	Forward Clap	Forward
7 - 8	Step left 1/4 turn left. Lean forward clapping hands forward.	Turn Clap	Turning left
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Section 4	Toe Struts Forward, Kicks x3, Hold.		
1 - 2	Step right toe forward. Drop right heel taking weight.	Toe Heel	Forward
3 - 4	Step left toe forward. Drop left heel taking weight.	Toe Heel	
5 - 6	Kick right low kick forward. Kick right slightly higher kick forward.	Kick 2,	On the spot
7 - 8	Kick right slightly higher kick forward. Hold.	3, Hold	

4 Wall Line Dance: 32 Counts. Beginner.

Choreographed by:- Maureen & Michelle (The Girls) Jones (UK) July 2004.

Choreographed to:- 'It's Late' (162 bpm) by Shakin' Stevens from 'The Hits Of Shakin' Stevens, 16 count intro. Music Suggestion:- 'Go To Sleep Big Bertha' (176 bpm) by Eddie Rabbitt from 'Most Awesome 9' CD, 32 count intro; 'Country Down To My Soul' (166 bpm) by Lee Roy Parnell from 'Fever 7' CD, 16 count intro;

'Bump, Bounce, Boogie' (180 bpm) by Asleep At The Wheel from '20 greatest hits' CD, 48 count intro.