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Alabama Hustle

32 count, 4 wall, Intermediate level Choreographer : Jan "Stray Cat" Brookfield (UK) Feb

2001

Choreographed to: "Re-Invent the Wheel" by Alabama (CD: When it all goes south) 84 BPM start on vocals; "The Hustle" by Scooter Lee (CD: By Request) 112 BPM Start after "Do the hustle!"

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WALK, WALK, COASTER, WALK, WALK, SIDE-ROCK-CROSS

1-2 Walk forward on R,L

3&4 Step back on R, step L next to R, step R forward

5-6 Walk forward on L,R

7&8 Step L to side, rock onto R, step L across in front of R

STEP, HEEL SWIVELS WITH TURNS, KICK

9-10 Step R to side, keeping weight on R swivel both heels to right

(You will be facing 9 o'clock, quarter left from original wall)

11&12 Transfer weight to L, swivel both heels left - right – left

making half turn right

& Low kick R forward

(You will now be facing 3 o'clock, quarter right from original wall)

COASTER, HIP ROCKS

13&14	Step back on R, step L next to R, step R forward
15&	Touch L toe forward, rocking hips forward & back
16&	Touch L toe back, rocking hips back & forward

(Weight remains on R)

STEP, TOUCH, TWO HALF TURN SHUFFLES TRAVELING BACK, COASTER

17-18	Step forward on L, touch R toes next to L
19&20	Making half turn over right shoulder, shuffle had

Making half turn over right shoulder, shuffle back on R,L,R
Making another half turn over right shoulder, shuffle back on L,R,L

23&24 Step back on R, step L next to R, step R forward

POINT, CROSS, TOUCH OUT-FORWARD-OUT-BEHIND

25-26 Touch L toes to side, step L across in front of R

Touch R toes out to side, then touch forward in front of L
 Touch R toes out to side, then touch back behind L

STEP, TOUCH, FULL TURNING SHUFFLE

29-30 Step R to side, touch L toes next to R

31&32 Shuffle on L,R,L making a full 360 degree turn over left shoulder

(Dancers who dislike fast turns may prefer to do a shuffle L,R,L on the spot)

START AGAIN