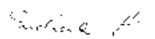
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Approved by:



Friday Mambo

4 WALL - 48 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Mambo Rocks, 1/4 Turn Lock Step, Hold		
1 - 2	Rock forward on right. Recover back onto left. (Use hips)	Forward Rock	On the spot
3 - 4	Rock back on right. Recover forward onto left. (Use hips)	Back Rock	
5 - 6	Make 1/4 turn right stepping right forward. Lock left behind right.	Turn Lock	Turning right
7 - 8	Step right forward. Hold. (3:00)	Step Hold	Forward
Section 2	Mambo Rocks, 1/4 Turn Lock Step, Hold		
1 - 2	Rock forward on left. Recover back onto right. (Use hips)	Forward Rock	On the spot
3 - 4	Rock back on left. Recover forward onto left. (Use hips)	Back Rock	
5 - 6	Make 1/4 turn left stepping left forward. Lock right behind left.	Turn Lock	Turning left
7 - 8	Step left forward. Hold. (12:00)	Step Hold	Forward
Section 3	Extended Weave, Paddle 1/2 Turn		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Step right to right side. Cross left over right.	Side Cross	
5 - 6	Step right forward. Make 1/4 turn left on ball of left.	Step Turn	Turning left
7 - 8	Step right forward. Make 1/4 turn left on ball of left. (6:00)	Step Turn	
Section 4	Extended Weave, Touch, 1/4 Turn With Flick, Step, Hold		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Step right to right side. Cross left over right.	Side Cross	
5 - 6	Touch right to right side. Make 1/4 turn left on ball of left, flicking right out.	Touch Turn	Turning left
7 - 8	Step right forward. Hold. (3:00)	Step Hold	On the spot
Section 5	Mambo Step, Hold (x 2)		
1 - 4	Rock forward on left. Recover back onto right. Step left back. Hold.	Mambo Step Hold	On the spot
5 - 8	Rock back on right. Recover forward onto left. Step right forward. Hold.	Back Mambo Hold	
Section 6	Step, Pivot 1/2, Step, Hold, Side Rock, Touch, Hold		
1 - 2	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
3 - 4	Step left forward. Hold.	Step Hold	Forward
5 - 6	Rock right out to right side. Recover back onto left.	Side Rock	On the spot
7 - 8	Touch right beside left. Hold. (9:00)	Touch Hold	

Choreographed by: Sadiah Heggernes (NO) July 2008

Choreographed to: 'Mambo Con Dancehall' by Brooklyn Funk Essentials (90 bpm) from CD Make Them Like It;

also available from iTunes or tescodigital (16 count intro)

Music Suggestions: 'Mambo No 5' by Lou Bega; 'Papa Loves Mambo' by Perry Como



A video clip of this dance is available at

www.linedancermagazine.com