Web site: www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

Free My Soul
32 Count, 4 Wall, Intermediate

## Count in 8 (approx. 6 secs)

SEC 1: ROCKING CHAIR, SPIRAL TURN, ROCK FORWARD/RECOVER, FULL SHUFFLE TURN
1\&2\& Facing 11 o'clock rock forward on right, recover on left, rock back on right, recover on left
$3 \& \quad$ Still facing diagonal - step forward right, make a full spiral turn left hooking left in front of right,
4-5\& Step forward left, Still on the diagonal rock forward on right, recover on left
$6 \& 7 \& 8$ Make a full shuffle turn right stepping right, left, right, left, right to straighten up to front wall (12 o'clock)
SEC 2: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE ROCK CROSS, $1 / 4 \mathrm{LEFT}$, $1 ⁄ 2$ LEFT, SWEEP
1\&2 Sweeping left round cross left over right, step right to right side, step left behind right
$3 \& 4 \quad$ Sweeping right round step right behind left, step left to left side, cross right over left
5\&6 Rock left to left side, recover on right, cross left over right
7\&8 Make a $1 / 4$ turn left stepping back on right, make a $1 / 2$ turn left stepping forward on left, sweep right round in front of left (weight on left) (3 o'clock)

SEC 3: CROSS BACK SIDE, $1 / 4$ LEFT, $3 / 4$ LEFT, CROSS ROCK SIDE, BACK ROCK $1 / 4$ LEFT
1\&2 Cross right over left, step back on left, step right to right side dragging left towards right
3-4 Make $1 / 4$ turn left stepping forward left, make $3 / 4$ turn left on ball of left and point right to right side
5\&6 Cross rock right over left, recover on to left, step right to right side
7\&8 Rock back on left, recover on to right, make $1 / 4$ turn left stepping forward left ( 12 o'clock)
**RESTART HERE WALL 5
SEC 4: MAMBO $1 ⁄ 2$ TURN RIGHT, STEP LEFT, $3 / 4$ TURN RIGHT, SWEEP, BEHIND SIDE CROSS, SIDE ROCK CROSS HITCH TURN
1\&2 Rock forward on right, recover on left, make $1 / 2$ turn right stepping forward on right
$3 \& 4$ Step forward on left, make a 3/4 turn right (weight on left), sweep right from front to back
5\&6 Step right behind left, step left to left side, cross right over left
7\&8\& Rock left to left side, recover on to right, cross left over right towards diagonal (5 o'clock), hitch right making $1 / 4$ turn left into diagonal ( 1 o'clock)

TAG: AT THE END OF WALLS 2 AND 4 RIGHT MAMBO FORWARD, LEFT MAMBO BACK
1\&2 Rock forward on right, recover on to left, step right next to left
$3 \& 4$ Rock back on left, recover on to right, step left next to right
**RESTART: Wall 5 - dance up to and including count 24, then Restart facing $\mathbf{1 2}$ o'clock

