Linedancer

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Freak You Out

48 Count, 4 Wall, Intermediate level
Choreographers : Camilla Brunfeldt & Elin Leckström-Schmidt (Sweden) June 2001
Choreographed to: Freak You Out by Kinnda (106 bpm)

HOLD, STEP, SHUFFLE FORWARD, KICK BALL TOUCH, HEEL SWIVELS TURN 1/2 RIGHT
(Note: start with your head down, facing the floor)

1		Hold, raise your head
2	LF	Step forward
3&4	RF	Shuffle forward (R,L,R)
5	LF	Kick forward
&	LF	Step next to left
6	RF	Touch back
7		Swivel heels left
&		Swivel heels right
8		Swivel heels left and turn 1/4 right

STEP APART, HIP BUMPS, SAILOR STEP, SAILOR TURN 1/4 LEFT

9	RF	Step to side
10	LF	Step to side (2nd pos.)
11		Bump hip right
12		Bump hip left
13	RF	Cross behind left
&	LF	Step to side
14	RF	Step to side
15	LF	Cross behind left
&	RF	Step to side
16	LF	Turn 1/4 left and step to side

1/2 TURNS TRAVELLING BACK, COASTER STEP, WEAVE LEFT

17	RF	Turn 1/2 and step forward
18	LF	Turn 1/2 and step back
19	RF	Step back
&	LF	Step together
20	RF	Step forward
21	LF	Step to side
&	RF	Cross behind left
22	LF	Step to side
&	RF	Cross in front of left
23	LF	Step to side
&	RF	Cross behind left
24	LF	Step to side

STEP FORWARD AND SWAY BODY RIGHT, LEFT, KICK & POINT LEFT & POINT RIGHT, HITCH, POINT RIGHT

25 - 26	RF	Step forward while making a wavelike motion starting from your right shoulder
27 - 28	LF	Step forward while making a wavelike motion starting from your left shoulder
29	RF	Kick forward
&	RF	Step next to left
30	LF	Touch to side
&	LF	Step next to right
31	RF	Touch to side
&	RF	Hitch right knee
32	RF	Touch to side

1 1/2 TURN RIGHT, KICK, SIT & RISE

33	RF	1/4 turn right and step forward right
34	LF	1/2 turn right and step back left
35	RF	1/2 turn right and step forward right
36	LF	1/4 turn right and step left to side
37	RF	Kick forward
&	RF	Step next to left
38	LF	Touch forward
&		Contract chest slightly (shoulders forward)
39		Bend knees, arch chest (shoulders and buttock back)
&		Contract chest slightly, straightening knees (shoulders forward)
40		Legs straight, arch chest (shoulders and buttock back)
&	LF	Step next to right

STEP TURN 1/4 LEFT, MOVE DOWN LEFT, RIGHT, SWAY UP

41	RF	Step forward
42	LF	Turn 1/4 left
43		Bend knees, lean forward and move upper body left (hands on knees)
44		Knees bent, leaning forward, move upper body right (hands on knees)
45 - 48		Straighten body while making a "snake-like" swaying motion (L,R,L,R) (Note: end with your head down)