

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
| :---: | :---: | :---: | :---: |
| Section 1 $1 \&$ 2 $3 \&$ 4 $5 \& 6$ $7 \&$ 8 | Toe, Heel, Cross, $1 / 4$ Turn Swivels, Rock \& Cross, $1 / 2$ Turn Swivel. <br> Touch right toe to left instep. Touch right heel to left instep. <br> Cross right over left. <br> Swivel heels right making $1 / 4$ turn left. Swivel heels left making $1 / 4$ turn right. <br> Swivel heels right making $1 / 4$ turn left. (Finish facing 9 o'clock). <br> Rock left to left side. Rock onto right in place. Cross left over right. <br> Swivel heels left making $1 / 4$ turn right. Swivel heels right making $1 / 4$ turn left. <br> Swivel heels left making $1 / 2$ turn left. (weight ends up on left facing 3 o'clock). | Toe Heel <br> Cross <br>  <br> Turn <br> Rock And Cross <br>  <br> Turn | On the spot Left <br> On the spot Turning left <br> On the spot <br> Turning right |
| Section 2 $1 \& 2$ 3 4 Option:- $5 \& 6$ $7-8$ | Right Coaster, Full Turn, Step-Lock-Step, Rock Step. <br> Step back right. Step left beside right. Step forward right. <br> Make $1 / 2$ turn right, stepping back onto left. <br> Make $1 / 2$ turn right, stepping forward onto right. <br> Steps 3-4 can be replaced with: Step forward left, Lock right behind left. <br> Step forward left. Lock right behind left. Step forward left. <br> Rock forward on right. Rock back onto left. | Coaster Step <br> Turn <br> Turn <br> Step Lock Step <br> Rock Step | On the spot Turning right Turning right <br> Forward <br> On the spot |
| Section 3 1 $\&$ 2 Option:- $3-4$ $5 \& 6$ $\& 7$ $\& 8$ | 1 1/2 Turn, Rock Step, Lock Step Heel, \& Step Lock Step. <br> Make $1 / 2$ turn right, stepping forward onto right <br> Make $1 / 2$ turn right, stepping back onto left. <br> Make $1 / 2$ turn right, stepping forward onto right. <br> Steps $1 \& 2$ can be replaced with: $1 / 2$ turn shuffle. Step right, left, right. <br> Rock forward on left. Step long step back on right. <br> Lock left across right. Step back right. Tap left heel forward. <br> Step left beside right. Step forward right. <br> Lock left behind right. Step forward right. | Turn <br> Turn <br> Turn <br> Rock Back <br> Lock And Heel <br> And Step <br> Lock Step | Turning right <br> Back <br> On the spot <br> Forward <br> Forward |
| $\begin{gathered} \text { Section } 4 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7 \& 8 \end{gathered}$ | Toe Taps Sailor 1/2 Turn, Side Step, Touch, Side, Behind, Side. <br> Tap left toe forward. Tap left toe to left side. <br> Step left behind right. Step right $1 / 4$ turn left. Step left $1 / 4$ turn left. <br> Step right to right side. Tap left behind right. <br> Step left to left side. Cross right behind left. Step left to left side. | Tap Tap <br> Sailor Turn <br> Step Tap <br> Side Behind Side | On the spot <br> Turning left <br> Right <br> Left |

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[^0]:    4 Wall Line Dance:- 32 Counts. Beginner/Intermediate level.
    Choreographed by:- John ‘Grrowler’ Rowell (UK) May 03.
    Choreographed to:- ‘You Ain't Foolin’ Nobody’ by Vince Gill ( 95 bpm) from Next Big Thing CD ( 32 count intro).
    Music Suggestion:- ‘The Presidents' by Jody Jenkins ( 94 bpm ) from Dancin’ The Night Away CD (16 count intro); Or 'Alive' by S Club ( 117 bpm ) from Now 54 CD ( 16 count intro)

