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## **Footloose**

## **BEGINNER**

32 Count

Choreographed by: Vickie Vance-Johnson Choreographed to: Cat Walk by Lee Roy Parnell

ARM & TOE SWIVELS, CROSS BACK, 1/2 TURN, OUT-OUT, IN-IN Beginning with feet together and elbows bent so that forearms are extended in front of body, swivel 1 toes out (toe splits) and at same time open forearms out to side (keeping elbows next to body) 2 Swivel toes and arms in to center 3 & 4 Repeat toe & arm swivels out-in-out 5 Cross right foot behind left foot Turn 1/2 to right on balls of both feet, ending with weight on left foot 6 Step right foot out to right side & 7 Step left foot out to left side Step right foot home & Step left foot together 8 KICK-STEP-SIDE ROCK 4X, LEADING RIGHT-LEFT-RIGHT-LEFT 1 Kick right foot forward & Step right foot down small step forward from beginning position 2 Rock left foot to left side & Step right foot in place (recover) 3 Kick left foot forward & Step left foot down small step forward from beginning position 4 Rock right foot to right side & Step left foot in place (recover) 5-8& Repeat steps 1-4& /During this count of 8, you are traveling slightly forward STEPS & TOE TAPS TO SIDE, STEP-HOPS TO BACK, STEP BACK 1 Step back on right foot 2 Tap left toe to left side 3 Step back on left foot 4 Tap right toe to right side 5 Step back on right foot & Hop on right foot 6 Step back on left foot Hop on left foot & 7 Step back on right foot Hop on right foot & 8 Step back on left foot STEP, TOGETHER, HOP, SLIDE TO RIGHT, SIDE STEP, SWING FOOT BEHIND, OUT-OUT, 1/4 TO RIGHT, CLOSE FEET TOGETHER 1 Step right foot to right side 2 Step left foot together & Hop on left foot Slide right foot to right 3 Shift weight to right foot 4 5 Swing left foot in an arc and step behind right foot & Step right foot to right side Step left foot to left side 6 7 Swivel 1/4 to right on balls of both feet (right foot is now forward) 8 Bring right foot together

**REPEAT**