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Foot Of The Mountain

IMPROVER 48 Count 2 Walls Choreographed by: Sadiah Heggernes Choreographed to: Foot Of The Mountain by A-Ha

32 Count intro - start on vocals

- Section 1 Step, Sweep, Cross Shuffle, 1/4 Turn, Forward Struts 1 - 2 Step forward on right. Sweep left out and in front of right. 3&4 Cross left over right. Step right to side. Cross left over right 5 - 6 1/4 turn right. Touch right toes forward. Step down on right heel 3:00 7 - 8 Touch left toes forward. Step down on left heel Section 2 Step, Touch, Coaster, Side, Touch, 1/4 Turn, Side, Touch 1 - 2 Step forward on right. Touch left beside right 3&4 Step back on left. Step right beside left. Step forward on left 5 - 6 Step right to side.Touch left beside right 1/4 turn left step left to side. Touch right beside left 12:00 7 - 8 Restart here during wall 4 (facing 6:00) Dance to the end of Section 2 then start dance from beginning Section 3 Step, Lock, Shuffle Forward, Rock Forward, 1/4 Turn, Side, Together Step forward on right. Lock left behind right 1 - 2 3&4 Step forward on right. Close left beside right. Step forward on right 5 - 6 Rock forward on left. Rock back onto right 1/4 turn left step left to side. Step right beside left (no weight) 9:00 7 - 8 Section 4 Step,Touch,Coaster,Side,Touch,1/4 Turn, Side,Touch Step forward on left. Touch right beside left 1 - 2 Step back on right. Step left beside right. Step forward on right 3&4 5 - 6 Step left to side. Touch right beside left 7 - 8 1/4 turn left step right to side. Touch left beside right 6:00 Rock Forward, 3/4 Turn, Step, 1/2 Pivot, Step, 1/4 Pivot Section 5 1 - 2 Rock forward on left. Rock back onto right 3&4 3/4 turn left stepping left-right-left 9:00 5 - 6 Step forward on right. Pivot 1/2 turn left (weight ends on left) 3:00 7 - 8 Step forward on right. Pivot 1/4 turn left (weight ends on left)12:00 Section 6 Step, Point, Sailor, 1/2 Pivot, Brush 1 - 2 Step forward on right. Point left to side 3&4 Cross left behind right. Step right to side. Step left in place 5 - 6 Step forward on right. Pivot 1/2 turn left (weight ends on left) 6:00
- 7 8 Brush right beside left. Brush right across left

Ending: Dance up to Section 1 (facing 9:00) Step forward on right 3/4 turn left to face 12:00

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