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Follow Me Home

48 count, 2 wall, intermediate level Choreographer: Teresa Lawrence & Vera Fisher (UK) July 2007

Choreographed to: Follow Me Home by The Sugababes, CD: Taller In More Ways

32 count intro, 1st step is just before main vocals.

STEP SIDE, ROCK BACK REPLACE 1/4, R LOCK BACK, ROCK & SPIN, SHUFFLE FWD

- 1 Take large step out to R side
- 283 Rock back on L slightly behind R, replace weight on R, making 1/4 turn R, step back on L
- 4&5 Step back on R, lock L in front of R, step back on R
- 6&7 Rock back on L, replace weight on R, step fwd on L and spin full turn R hooking R foot in front of L calf

Option, if you don't want to spin then just step fwd on L

8&1 Shuffle fwd on R 3 o'clock

TWINKLE-ish! SAILOR 1/4 TURN x 2

- 2&3 Cross L over R, step R to R side, step back on L to slight L diagonal
- 4&5 Step R behind L, make ¼ turn L stepping L to L side, step R to R side
- 6&7 Repeat counts 2&3
- 8&1 Repeat counts 4&5 9

CROSS ROCK STEP BACK, ROCK BACK REPLACE STEP FWD, CROSS ROCK REPLACE 1/4, TRIPLE FULL TURN

- 2&3 Cross Rock L over R, replace weight on R, step back on L to slight L diagonal
- Rock back R slightly behind L, replace weight on L, step fwd on R to slight R diagonal
- 6&7 Cross rock L over R, replace weight on R, make 1/4 turn L stepping fwd on L
- 8&1 Triple whole turn L travelling fwd stepping R.L.R

Option, shuffle fwd instead of turn) 6

2 PRISSY WALKS, QUICK 1/2, WEAVE

- 2-3 Walk fwd L, R
- 4&5 Step fwd L, make ½ turn R stepping fwd on R, step fwd L,
- 6-7-8& Cross R over L, step L to L side, step R behind L, step L to L side 12

KICK CROSS ROCK REPLACE KICK & TOUCH x2

- 1&2& Kick R across L, cross R over L, rock L to L side, replace weight on R
- 3&4 Kick L across R, cross L over R, touch R to R side
- * Restart here on wall 5 facing home wall
- 5&6& Repeat counts 1&2&
- 7&8 Repeat counts 3&4
- *Restarts here on walls 2 facing back wall & 4facing home wall

WHOLE TURN, CHASSES, TWINKLE-ish 1/2, TWINKLE CROSS

- 1-2 Travelling to R side make a full turn R stepping R, L
- Option, instead of turn step R to R side, step L next to R
- 3&4 Chasses R to R side
- 5&6 Cross L over R, making 1/4 turn L step back on R, make another 1/4 turn L stepping L to L side
- 7&8& Cross R over L, step L to L side, step R to R side, cross L over R. 6

Restarts. 3, all hopefully easy ish to hear in the music!

1st one on wall 2 do up to & including counts 1 to 8 of the 5rd section, the kick cross rock bit, start dance from beginning facing the 6 o'clock wall.

2nd one will be in the same place in the dance on wall 4 facing the home wall.

3rd one is also in 5th section, end of counts 3&4 facing home wall.

They are pretty easy really! Honest!

Dance goes out of phrase for 1 wall, at the end, dance will end on the cross rock replace 1/4, triple full turn, facing the front

Music download available from iTunes