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Fly Freely

Phrased, 128 Count, 1 Wall, Improver

Choreographer: Oda (April 2010)

Choreographed to: Zi You Fei Xiang (Fly Freely) by Phoenix Legend Band

Start after 16 counts. - Sequence: Intro 1, A, Intro 1, A, B, Tag 1, Intro 2, A, Tag 1, B, Intro 2, Tag 1, Tag 2, B, Ending

Intro 1

I1-1 Forward Together, Punch X2, Forward Together, Punch X2

1,2,3,4 Step R forward, step L beside R, punch R hand across chest twice while looking L

5,6,7,8 Step R forward, step L beside R, punch L hand across chest twice while looking R

I2-2 Forward Together, Punch X2, Forward Together, Punch X2

1,2,3,4 Step R forward, step L beside R, punch both hands across chest twice while looking L

5,6,7,8 Step R forward, step L beside R, punch both hands across chest twice while looking R

I1-3 Side Behind, ¼ Turn Shuffle, Step Pivot ½ Turn, ¼ Turn, Jump X2

1-2 Step R to R side, step L behind R

3&4 Step R to R side, step L beside R, step R forward making ¼ turn R (3:00)

5-6 Step L forward, pivot ½ turn R taking weight on R (9:00)

&7 Step L to L side making ¼ R (12:00), step R beside L (punch R hand across chest)

&8 Step L to L side, step R beside L (punch R hand across chest)

I1-4 Side Behind, ¼ Turn Shuffle, Step Pivot ½ Turn, ¼ Turn, Jump X2

1-2 Step L to L side, step R behind L

3&4 Step L to L side, step R beside L, step L forward making ¼ turn L (9:00)

5-6 Step R forward, pivot ½ turn L taking weight on L (3:00)

&7 Step R to R side making ¼ L (12:00), step L beside R (punch L hand across chest)

&8 Step R to R side, step L beside R (punch L hand across chest)

Section A

A1 Diagonal Back With Chest Pump X2, Diagonal Back With Two Chest Pumps (X2)

1,2,3,4 Step R back to R diagonal and pump chest forward (face 1:30), step L back to L diagonal and pump chest forward (face 10:30), Step R back to R diagonal (face 1:30) and pump chest forward twice

5,6,7,8 Step L back to L diagonal and pump chest forward (face 10:30), step R back to R diagonal and pump chest forward (face 1:30), Step L back to L diagonal (face 10:30) and pump chest forward twice

A2 Cross Point X2, Touch Unwind ½ Turn X2

1,2,3,4 Cross R over L, touch L to L side, cross L over R, touch R to R side

5-6 Touch R behind L with bent knees, unwind ½ turn R taking weight on R (6:00)

7-8 Touch L behind R with bent knees, unwind ½ turn L taking weight on L (12:00)

A3 Jazz Box, Kick Ball Point X2

1,2,3,4 Cross R over L, step back on L, step back on R, step L beside R

5&6 Kick R forward (cross R hand over L in front), step R beside L, touch L back (punch both hands downward)

7&8 Kick L forward (cross L hand over R in front), step L beside R, touch R back (punch both hands downward)

A4 Heel Grind 1/8 Turn, Coaster Step, Heel Grind ¼ Turn, Coaster Step

1-2 Do R heel grind making 1/8 turn R (1:30)

3&4 Step R back, step L beside R, step R forward

5-6 Do L heel grind making ¼ turn L (10:30),

7&8 Step L back, step R beside L, step L forward squaring back to 12:00 wall

Section B

B1 Out Out In In, Side Touch X2

1-2 Step R to R diagonal (raise R hand up to R diagonal), step L to L diagonal (raise L hand up to L diagonal)

3-4 Step R back (place R palm on L of chest), step L beside R (cross L hand over R hand)

5-6 Step R to R side (face 1:30, extend hands in a line with L hand up and R hand down), touch L beside R

7-8 Step L to L side (face 10:30, extend hands in a line with R hand up and L hand down), touch R beside L

B2 Step Drag Together, Heel Swivels (X2)

- 1-2 Big step R to R side (raise hands up to L diagonal), drag L to step beside R (pull hands down)
3&4& Swivel heels LRLR
5-6 Big step L to L side (raise hands up to R diagonal), drag R to step beside L (pull hands down)
7&8& Swivel heels RLRL

B3 Walk Forward X3, Kick, Walk Back X3, Touch

- 1,2,3,4 Walk forward RLR, kick L forward (extend hands forward and raise up over 4 counts)
5,6,7,8 Walk backward LRL, touch R beside L (bring hands in to cross L hand over R hand)

B4 Side Together Side Touch X2

- 1-2 Step R to R side, step L beside R (hands make circle from L to front to R)
3-4 Step R to R side, touch L beside R (hands make circle from L to front to R)
5-6 Step L to L side, step R beside L (hands make circle from R to front to L)
7-8 Step L to L side, touch R beside L (hands make circle from R to front to L)

Tag 1 Scuff Step, Heel Splits

- 1-2 Scuff R forward, step R to R side
3&4& Fan heels out in out in

Intro 2**I2-1 Side Touch X2, Side ¼ Turn Touch, Back Touch**

- 1-2 Step R to R side (swing hands to side), touch L behind R (cross hands in front of body)
3-4 Step L to L side (swing hands to side), touch R behind L (cross hands in front of body)
5-6 Step R to R side, touch L back making ¼ turn L (9:00) (push R hand forward)
7-8 Step L back, touch R back (push L hand forward)

I2-2 Walk X4 Making ¾ Turn, ½ Turn Step Drag Together, Heel Swivels

- 1-2 Step R forward, step L forward making ¼ turn L (6:00)
3-4 Step R forward making ¼ turn L (3:00), step L forward making ¼ turn L (12:00)
5,6,7&8 Big step R to R side making ½ turn L (6:00) (raise hands up to L diagonal), drag L to step beside R (pull hands down), swivel heels LRL

I2-3 Side Touch X2, Side ¼ Turn Touch, Back Touch

- 1-2 Step R to R side (swing hands to side), touch L behind R (cross hands in front of body)
3-4 Step L to L side (swing hands to side), touch R behind L (cross hands in front of body)
5-6 Step R to R side, touch L back making ¼ turn L (3:00) (push R hand forward)
7-8 Step L back, touch R back (push L hand forward)

I2-4 Walk X4 Making ¾ Turn, ½ Turn Step Drag Together, Heel Swivels

- 1-2 Step R forward, step L forward making ¼ turn L (12:00)
3-4 Step R forward making ¼ turn L (9:00), step L forward making ¼ turn L (6:00)
5,6,7&8 Big step R to R side making ½ turn L (12:00) (raise hands up to L diagonal), drag L to step beside R (pull hands down), swivel heels LRL

Tag 2

Count 1 to 16 of Intro 1

Ending

- Count 1 to 16 of Intro 1 + the following 4 counts
1&2,3,4 Swivel heels RLR, throw R hand up into air and pose

Music download available from