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Flick

IMPROVER

32 Count 4 Walls

Choreographed by: Stephen "Razor Sharp" Sunter Choreographed to: Half A Man by Shannon Brown

Step Together. Twist. Twist. Step Together. Twist. Twist Step Right Forward (1) Step Left Next To Right (2) 1 - 2 Twist Heels Right (3) Twist Heels Left (&) Twist Heels Back To Centre 3 & 4 Step Right Forward (5) Step Left Next To Right (6) 5 - 6 7 & 8 Twist Heels Right (7) Twist Heels Left (&) Twist Heels Back To Centre (8) Monterey Turn. Side Shuffle. Cross Rock 1 - 2 Point Right To Side (1) 1/2 Turn Right Stepping Right Next To Left (2) Point Left To Side (3) Touch Left Next To Right (4) 3 - 4 Side Shuffle Left: Left (5) Right (&) Left (6) 5 & 6 7 - 8 Cross Rock Right Over Left (7) Replace Weight To Left (8) Side Shuffle, Behind. Unwind 1/2. Cross Shuffle. Side Rock. 1/4 Turn Back 1 & 2 Side Shuffle Right: Right (1) Left (&) Right (2) Step Right Behind Left (3) Unwind 1/2 Turn Left (4) 3 - 4 Cross Right Over Left (5) Step Left To Left (&) Cross Right Over Left (6) 5 & 6 Rock To Left Side (7) Replace Weight To Right Making 1/4 Left (8) 7 - 8 Back Shuffle. Back Rock. Step Head Flick. Wiggle 1 & 2 Back Shuffle Left: Left (1) Right (&) Left (2) Step Back Right (3) Stomp Left Forward (4) 3 - 4 On The Stomp, Left Knee Should Be Bent And Right Leg Straight. Lean Forward With Left Shoulder Note: Over Left Ewe. Place Left Hand On Left Thigh, Head Up Looking Forward Nod Head Forward (&) Lift Head Up To Look Forward (5) & 5 6 & 7 & 8 Bump Hips Whilst Straightening Up: Right (6) Left (&) Right (7) Left (&) Right (8) Step Left Next To Right (&) & Note: if You Don't Want To Do The Head Flick Replace Counts 5& With Hip Bumps. When Danced To This Track, Start After 32 Count, Then You Must Drop Two Counts At The End Of Wall Four, Eight And Eleven

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