

## First Dates

32 count Phrased, 4 wall, intermediate level  
Choreographer: Nancy A. Morgan (USA) May 05  
Choreographed to: Over the Rainbow by Israel  
Kamakwiwo'ole CD: Alone in Iz World /  
Soundtrack to 50 First Dates, BPM: 85

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Start 32 Counts after he starts oowing (Start on Lyrics)

Part B - Drop Last 4 Counts  
AABABAA

**SHUFFLE FORWARD, ROCK FORWARD AND BACK, CROSS LEFT TOE OVER RIGHT FOOT, STEP, ½ TURN PIVOT WITH RIGHT TOE CROSSED OVER LEFT FOOT, SHUFFLE FORWARD**

- 1&2 Shuffle Forward - Right, Left, Right  
3& Rock Forward on Left and back on Right  
4 Cross Left toe over Right foot - touching the floor on the Right side of your Right foot  
5,6 Step Forward on Left, pivot ½ turn to Right as you cross Right toe over Left foot - touching the floor on the Left side of your Left foot  
7&8 Shuffle forward - Right, Left, Right

**½ TURN MAMBO, ¾ TURN (OVER LEFT SHOULDER) MAMBO, ½ TURN PIVOT, SHUFFLE FORWARD**

- 1&2 ½ turn Mambo - Step Left foot forward, pivot ½ turn to Right (weight is on Right), step Left foot forward  
3&4 ¾ turn Mambo - Step Right foot Forward ¼ turn to your Left, Step Left to Left side ½ turn to your Left, Step forward on Right  
5,6 Step forward on Left, pivot ½ turn to your Right  
7&8 Shuffle forward - Left, Right, Left

**CROSS ¼ TURN TO RIGHT, STEP BACK, SIDE SHUFFLE, ROCK FORWARD ½ TURN, FORWARD ROCK**

- 1,2 Cross Right over Left turning ¼ turn to your Right, Step back on your Left  
3&4 Side Shuffle to Right - Right, Left, Right  
5&6 Rock forward on Left and turning ½ turn to your Left, step forward on Left  
7,8 Rock forward on Right and back on Left

**COASTER STEP, TOUCH LEFT HEEL FORWARD, TOUCH LEFT TOE BACK, TOUCH LEFT TOE OUT TO LEFT SIDE AS YOU TURN ¼ TURN TO YOUR RIGHT, TOUCH TO SIDE 2 MORE TIMES TURNING ANOTHER ¼ TURN, STEP LEFT NEXT TO RIGHT**

- 1&2 Coaster Step - Step back on Right, step Left next to Right, step Right foot forward  
3,4 Touch Left heel forward, touch Left toe back  
5 Touch Left toe out to Left side as you turn ¼ turn to your Right  
6,7,8 Touch Left toe out to Left side 2 more times as you turn ¼ turn to your Right, put your Left next to your Right

**TOUCH RIGHT TOE OUT TO RIGHT SIDE 2 TIMES AS YOU TURN ¼ TURN TO LEFT, TOUCH RIGHT HEEL FORWARD, CROSS RIGHT TOE OVER LEFT**

- 1,2 Touch Right toe out to Right side 2 times as you turn ¼ turn to your Left  
3,4 Touch Right heel forward, touch (Cross) Right Toe to the Left side of the Left foot

START AGAIN.