

Feelin' Good

36 count, 4 wall, intermediate level

Choreographer: Michael Lynn (Dec 2005)

Choreographed to: Feelin' Good by PussyCat

Dolls (69bpm)

16-count intro

Running Order: A Tag A Tag A Tag* A Breakdown Tag A Tag

* = First 4 Counts Only

3 RIGHT FOOT CIRCLE SWEEPS, RONDE TURN

- 1-2 With right foot (in a clockwise direction), sweep foot in a circle over two counts,
- 3-4 With right foot, sweep foot in a circle over two counts,
- 5-6 With right foot, sweep foot in a circle over two counts,
- 7-8 With right foot, sweep foot in a circle, and ronde turn.

3 LEFT FOOT CIRCLE SWEEPS, RONDAE TURN

- 1-2 With left foot (in a anti-clockwise direction), sweep foot in a circle over two counts,
- 3-4 With left foot, sweep foot in a circle over two counts,
- 5-6 With left foot, sweep foot in a circle over two counts,
- 7-8 With left foot, sweep foot in a circle, and ronde turn.

CROSS CLICKS, CROSS CLICKS, HEEL DROP CLICK, HEEL DROP CLICK, FORWARD SHUFFLE

- 1-2 Cross left over right, step right to right side (click fingers),
- 3-4 Cross right over left, step left to left side (click fingers),
- 5&6& Step left toe forward, drop heel (click fingers), step right toe forward, drop heel, click fingers
- 7&8 Step forward left, step right to left side, step forward left.

JUMP BACK, KNEE POP, CROSS BEHIND SIDE, KNEE POP, SIDE STEP DRAG, FORWARD SHUFFLE

- 1&2 Jump back (right foot, left foot), pop right knee,
- 3&4 Cross left behind right, step right to right side, pop left knee,
- 5-6 Large step to the left, drag right foot to right side,
- 7&8 Step forward left, step right to left side, step forward left.

½ TURN, RIGHT ARM MOVEMENT WITH CLICK

- 1-2 Step forward right, ½ turn left,
- 3-4 Point right arm up to the sky, click fingers, bring arm down over remaining counts.

TAG

SIDE STEP CLICKS

- 1-2 Step right toe to right side, drop weight onto right heel (click fingers),
- 3-4 Step left toe to left side, drop weight onto left heel (click fingers),
- 5-6 Step right toe to right side, drop weight onto right heel (click fingers),
- 7-8 Step left toe to left side, drop weight onto left heel (click fingers).