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## Feel Free

64 count, 2 wall, intermediate level
Choreographer: Craig Bennett, Kate Sala and Johnny 2 Step (UK) May 2004
Choreographed to: Wish I Knew How It Would Feel
To Be Free by Sharlene Hector (101 bpm)

## 16 count intro

Walk, Walk, Mambo Step, Sweep Back, Sweep Back, Touch, Unwind ½ Turn.
12 Walk forward on right, left.
3 \& $4 \quad$ Rock forward on right. Rock back on left. Step back on right.
56 Sweep step left round from front to back. Repeat with right.
78 Touch left toe behind right. Unwind $1 / 2$ turn left. (Weight ending on left).
Walk, Walk, Mambo Step, Sweep Back, Sweep Back, Touch, Unwind ¼ Turn.
12 Walk forward on right, left.
3 \& $4 \quad$ Rock forward on right. Rock back on left. Step back on right.
56 Sweep step left round from front to back. Repeat with right.
78 Touch left toe behind right. Unwind $1 / 4$ turn left. (weight ending on left).
Cross, Side, Sailor Step, Cross, $1 / 2$ Turn into Chasse.
12 Cross step right over left. Step left to left side.
3 \& $4 \quad$ Cross step right behind left. Step left to left side. Step right in place.
$56 \quad$ Cross step left over right. Turn $1 / 4$ left Stepping back on right.
7 \& $8 \quad$ Turn $1 / 4$ left stepping left to left side. Step right next to left. Step left to left side.
Cross, Side, Sailor Step, Cross, $1 / 4$ Turn, Triple $3 / 4$ Turn.
12 Cross step right over left. Step left to left side.
3 \& $4 \quad$ Cross step right behind left. Step left to left side. Step right in place.
$56 \quad$ Cross step left over right. Turn $1 / 4$ left stepping back on right.
7 \& $8 \quad$ Triple $3 / 4$ turn left on left, right, left.
Rock Step, Shuffle $1 / 2$ Turn, Rock Step, Shuffle.
12 Rock forward on right. Rock back on left.
$3 \& 4 \quad$ Shuffle $1 / 2$ turn right on right, left, right.
56 Rock forward on left. Rock back on right.
7 \& 8 Shuffle forward on left, right, left.
Rock Step, Triple $3 / 4$ Turn, Rock Step, Coaster Cross.
12 Rock forward on right. Rock back on left.
3 \& 4 Triple step $3 / 4$ turn right on right, left, right.
56 Rock forward on left. Rock back on right.
6 \& 8 Step back on left. Step right next to left. Cross step left over right.
Sway Right, Left, Behind Side Cross, Sway Left, Right, Behind Side Cross.
12 Step right to right side swaying hips right. Sway hips left.
3 \& 4 Cross step right behind left. Step left to left side. Cross step right over left.
$56 \quad$ Step left to left side swaying hips left. Sway hips right.
7 \& 8 Cross step left behind right. Step right to right side. Cross step left over right.
Side, Together, Forward, Shuffle, Rock Step, Shuffle $1 / 2$ Turn ( $8 \& 1$ you have started again).
123 Step right to right side. Step left next to right. Step forward on right.
4 \& 5 Shuffle forward on left, right, left.
$\begin{array}{ll}6 & 7\end{array}$ Rock forward on right. Rock back on left.
$8 \quad \& \quad$ Turn $1 / 2$ right stepping forward on right. Step left next to right.

