STEPPIN'OFF



THEPage



Approved by:





4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Cross & Heel & Cross 1/4 Turn Heel, & Right Lock Step, Left Lock Step		
1 & 2	Cross right over left. Step left back. Touch right heel forward.	Cross & Heel	On the spot
& 3	Step right beside left. Cross left over right.	& Cross	
& 4	Turn 1/4 left stepping right back. Touch left heel forward. (9:00)	Turn Heel	Turning left
& 5 & 6	Step left beside right. Step right forward. Lock left behind right. Step right forward.	& Right Lock Right	Forward
7 & 8	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	
Restart	Walls 4 and 8: Restart dance from the beginning (facing 12:00 both times).		
Section 2	Cross, Back, Chasse, Cross, Together, Heels/Toes Swivel, Kick		
1 – 2	Cross right over left. Step left back. (9:00)	Cross Back	On the spot
3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
5 – 6	Cross left over right (on slight diagonal right). Step right beside left. (10:30)	Cross Together	
7 &	Swivel both heels right. Swivel both toes right (squaring up to wall). (9:00)	Heels Toes	
8	Kick left across right.	Kick	On the spot
Section 3	3/4 Turn, Shuffle 1/2 Turn, Cross, Back Back, Cross, 1/4 Turn, Step		
1 – 2	Turn 1/4 left stepping left forward. Turn 1/2 left stepping right back. (12:00)	Quarter Half	Turning left
3 & 4	Shuffle step 1/2 turn left, stepping - left, right, left. (6:00)	Shuffle Half	
Option	Counts 1 - 4: Step left 1/4 left, walk forward right, left shuffle forward.		
5 & 6	Cross right over left. Step left to side, slightly back. Step right to side, slightly back.	Cross Back Back	Back
7 &	Cross left over right. Turn 1/4 left stepping right slightly back. (3:00)	Cross Quarter	Turning left
8	Step left to side and slightly forward.	Side	Left
Section 4	Walk x 2, Forward Shuffle, Step, Pivot 1/2, Triple Full Turn		
1 – 2	Walk forward right. Walk forward left.	Walk Walk	Forward
3 & 4	Step right forward. Close left beside right. Step right forward.	Right Shuffle	
5 – 6	Step left forward. Pivot 1/2 turn right. (9:00)	Step Pivot	Turning right
7 & 8	Triple step full turn right (travelling forward), stepping - left, right, left. (9:00)	Full Turn	

Choreographed by: Yvonne Anderson (UK) March 2014

Choreographed to: 'Empty' by Tim Redmond from CD Soundtrack Of Our Lives;

download available from amazon or iTunes

(8 count intro - start on vocals)

Restarts: Two Restarts, both after Section 1, during Walls 4 and 8

