

**Easily Contented** 

**IMPROVER** 

108 Count 1 Walls Choreographed by: Tan Candy

Choreographed to: Wo De Yao Qiu Bing Bu Gao by Alex

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Sequence (Intro, A, Tag 1, B, Tag 2) x2, C, Intro, Pose

Intro 32 counts

Section 1 Forward Toe Struts x2, Pivot 1/4 Turn x2

Touch R fwd, drop R heel taking weight, touch L fwd, drop L heel taking weight

Step forward on R, pivot 1/4 turn L taking weight on L (9:00), repeat count 5-6 (6:00)

Section 2 Repeat Section 1 (12:00)

Section 3 Weave, Jazz Box

1234 Cross R over L, step L to L side, cross R behind L, step L to L side 5678 Cross R over L, step back on L, step back on R, cross L over R

Section 4 Diagonal Touch, Coaster Step, Hold 12 Step R to R diagonal (1:30), touch L fwd

345 Step back on L, step R beside L, step fwd on L squaring off to face 12:00

6 & 78 Hold, raise R hand (&), raise L hand (7), cross R hand over L hand with palms on chest (8)

A 32 counts x 2: You are dancing a 32-count 1-wall dance two times.

Section 1 Side Touch x2, Side Together Side Touch

Step R to R side, touch L beside R, step L to L side, touch R beside L Step R to R side, step L beside R, step R to R side, touch L beside R

Section 2 Repeat Section 1 With L Lead

Section 3 Forward Mambo, Hold, Back Mambo, Hold

Rock fwd on R, recover weight on L, step back on R, hold Rock back on L, recover weight on R, step fwd on L, hold

Section 4 1/4 Turn Walk Hold x2, Walk x4 Making 1/2 Turn

Step fwd on R making 1/4 turn R (3:00), hold, step fwd on L making 1/4 turn R (6:00), hold

Walk RLRL making 1/2 turn R ending with L beside R (12:00)

B 32 counts x 2: You are dancing a 32-count 1-wall dance two times.

Section 1 Lindy R, Lindy L

1 & 234 Step R to R side, step L beside R, step R to R side, rock L behind R, recover weight on R

5 & 678 Repeat count 1-4 with L lead

Section 2 (Step Toe Strut, Cross Toe Strut) x2

Touch R to R side, drop R heel taking weight, cross touch L over R, drop L heel taking weight

5678 Repeat count 1-4

Section 3 (Scissor Step, Hold) x2

1234 Step R to R side, step L beside R, cross R over L, hold

5678 Repeat count 1-4 with L lead

Section 4 Rocking Chair, Side With Hip Bumps, Side Flick

Rock fwd on R, recover weight on L, rock back on R, recover weight on L 5 & 678

Step R to R side and bump hips RLR, step L to L side, flick R behind L

Tag 1 4 counts

Side With Hip Bumps, Side, Flick

1 & 234 Step R to R side and bump hips RLR, step L to L side, flick R behind L

Tag 2 8 counts

Back Toe Struts x4

1234 Touch R back, drop heel taking weight, touch L back, drop heel taking weight

5678 Repeat count 1-4

C 32 counts + 8 counts + 8 counts

Count 1-32 of Section B + Tag 2 + Count 25-32 of Section B

Pose 1 count

(25806)

Touch R to R side and raise L hand with R hand on R hip

Contact: http://www.candy6jan.weebly.com/

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