

SPOTLIGHT



Approved by:



Tellis Ease My Troubles

STEPS ACTUAL FOOTWORK Section 1 Night Club Basic, Side, Behind, 1/4. Step, Step, Pivot 1/2, Step, Full Turn Step right long step to right side. Rock back on left. Recover onto right. Step left to left side. Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Step Behind Turn Step Turning left Step left forward. Pivot 1/2 turn right. Step left forward. Step Pivot Step Turning right Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning left	t ht
Step right long step to right side. Step Right Rock back on left. Recover onto right. Step left to left side. Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Step Back Rock Step Left Turning left Step Pivot Step Turning right Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning left	ht
2 & 3 Rock back on left. Recover onto right. Step left to left side. 4 & 5 Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Step Pivot Step Turning rig 8 & 1 Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning left	ht
4 & 5 Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Behind Turn Step Turning lef 6 & 7 Step left forward. Pivot 1/2 turn right. Step left forward. Step Pivot Step Turning rig 8 & 1 Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning lef	ht
6 & 7 Step left forward. Pivot 1/2 turn right. Step left forward. Step Pivot Step Turning rig 8 & 1 Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning lef	ht
8 & 1 Triple step forward full turn left, stepping - right, left, right. Triple Full Turn Turning lef	
	t
Section 2 Diagonal Lock Step, Step, Pivot 1/2, Step, Diagonal Lock Step, Hip Sways	
2 Step left diagonally forward left (facing 1:30) Left Forward	
& 3 Lock right behind left. Step left diagonally forward left. Lock Left	
4 & 5 Step right forward. Pivot 1/2 turn left (facing 7:30). Step right forward. Step Pivot Step Turning lef	t
6 & 7 Step left diagonally forward (7:30). Lock right behind left. Step left diagonally forward. Left Lock Left Forward	
8 – 1 Sway hips right (straightening up to face 6:00). Sway hips left. Sway Sway On the spo	t
Section 3 Behind Side Cross, 1/4, 1/4, Cross Rock & Cross Rock, 1/2, 1/4	
2 & 3 Cross right behind left. Step left to left side. Cross right over left. Behind Side Cross Left	
4 Step left back making 1/4 turn right. Turn Turning rig	ht
& 5 Step right to side making 1/4 turn right. Cross rock left over right.	
6 & 7 Recover onto right. Step left to left side. Cross rock right over left. Recover & Rock Left	
8 Recover onto left. Recover On the spo	t
& 1 Make 1/2 turn right stepping right forward. Make 1/4 turn right stepping left to side. Turn Turn Turn Turning rig	ht
Section 4 Behind, 1/4, Step, Mambo 1/4, Cross Rock, Side Rock, Back Rock	
2 & 3 Cross right behind left. Step left forward making 1/4 turn left. Step right forward. Behind Turn Step Turning lef	t
4 & 5 Rock left forward. Recover onto right. Step left to left side making 1/4 turn left. Mambo Turn	
6 & Cross rock right over left. Recover onto left. Cross Rock On the spo	t
7 & Rock right to right side. Recover onto left.	
8 & Rock right back behind left. Recover onto left (ready to step right on count 1).	

Choreographed by: Debbie Ellis (Spain) April 2010

Choreographed to: 'Have I Told You Lately' by Rod Stewart (142 bpm) from

CD Vagabond Heart; also available as download from amazon.co.uk

or iTunes (start on main vocals)



A video clip of this dance is available at www.linedancermagazine.com