

About You

48 count, 2 wall, beginner/intermediate level
Choreographer: Kris Holmes (UK) March 2005
Choreographed to: It's All About You by McFly, The
Official Comic Relief Single 2005

Start on main vocals on the word yesterday

KICKBALL STEP. ROCK FORWARD. SHUFFLE BACK. LEFT COASTER STEP. 12 O'clock

1&2 Right foot kick. Step back on ball of right foot. Step on left
3-4 Rock forward on right foot. Weight replace on left
5&6 Step back on right close left beside right step back right
7&8 Step left back. Step right beside left. Step left forward

POINT CROSS. POINT STEP. JAZZ BOX QUARTER TURN. CHASSE RIGHT. 3 O'clock

1-2 Point right toe to right side. Cross right foot across left foot.
3-4 Point left toe to left side. Step left foot forward
5-6 Cross right foot across left Turn quarter turn to right. Step back on left
7&8 Step right-to-right side. Step left beside right. Step right to right side.

WEAVE RIGHT. CROSS ROCK. CHASSE LEFT

1-2 Cross left foot across right. Step right to right side
3-4 Step left foot behind right foot. Step right to right side
5-6 Rock left foot across right Replace weight back on right
7&8 Step left to left side. Step right beside left. Step left to left side.

WEAVE LEFT. CROSS ROCK. RIGHT COASTER STEP.

1-2 Cross right foot across left. Step left to left side
3-4 Step right foot behind left foot. Step left foot to left side
5-6 Rock right foot across left. Replace weight back on left
7&8 Step right back, Step left beside right. Step right foot forward

STEP PIVOT HALF TURN. SHUFFLE. FULL TURN. ROCK. 9 O'clock

1-2 Step left foot forward. Half right turn step right forward
3&4 Step left forward. Step right beside left. Step left forward
5-6 Full turn left stepping right foot then left foot
7-8 Rock forward on right foot. Replace weight on left

SHUFFLE BACK. LEFT COASTER STEP. 1/4 TURN STEP TOUCH. STEP TOUCH. 6 O'clock

1&2 Step back on right foot. Step left beside right Step back on right
3&4 Step back on left. Step right beside left. Step left foot forward.
5-6 Step quarter turn left. Right foot to side touch left beside right
7-8 Step left foot to left side. Touch right foot beside left foot. START AGAIN
*Keep dancing when music slows on end 5th wall beat will kick in again.

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On last wall music slows right down. Slow dance on jazz box, chasse, & weave, cross left foot over right
unwind three quarter turn to right to face front.
