## STEPPIN'OFF



## **THEPage**



Approved by:



## Don't Despair

4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Behind Side Cross, Side Rock Cross, Side, Behind, Side, Cross, Side Rock Cross		
1 & 2	Cross right behind left. Step left to side. Cross right over left.	Behind Side Cross	Left
3 & 4	Rock left to left side. Recover onto right. Cross left over right.	Side Rock Cross	
5 &	Step right to right side. Cross left behind right.	Side Behind	Right
6 &	Step right to right side. Cross left over right.	Side Cross	
7 & 8	Rock right to right side. Recover onto left. Cross right over left.	Side Rock Cross	
Section 2	Side, Hip Bumps, 1/4 Right, Hip Bumps, Rolling Turn Left With Shuffle		
1 & 2	Step left to side and bump hips left. Bumps hips - right, left (weight on left).	Side Hip Bumps	Left
&	Make 1/4 turn right hitching right knee slightly.	Turn	Turning right
3 & 4	Step right to side and bump hips right. Bump hips - left, right.	Side Hip Bumps	Right
5 - 6	Make 1/4 turn left and step left forward. Make 1/2 turn left and step right back.	Quarter Half	Turning left
7 & 8	Make 1/4 turn left and step left to side. Step right beside left. Step left to side.	Quarter Shuffle	
Section 3	Cross Rock, Side, Cross Rock, 1/4 Turn, Hitch 1/4 x 2, Syncopated Jazz Box 1/4		
1 & 2	Rock right across left. Recover onto left. Step right to side.	Cross Rock Side	On the spot
3 & 4	Rock left across right. Recover onto right. Make 1/4 turn left and step left forward.	Cross Rock Turn	Turning left
& 5	Hitch right knee and make 1/4 turn left. Touch right to side.	Turn Touch	
& 6	Hitch right knee and make 1/4 turn left. Touch right to side.	Turn Touch	
7 & 8	Cross right over left. Step left back. Make 1/4 turn right and step right forward.	Jazz Box Turn	Turning right
Section 4	Mambo Forward, Mambo Back, Switch & Hitch, Switch & Heel & Touch		
1 & 2	Rock left forward. Rock back onto right. Step left beside right.	Forward Mambo	On the spot
3 & 4	Rock right back. Rock forward onto left. Step right beside left.	Back Mambo	
5 &	Touch left to left side. Step left beside right.	Touch Together	
6 &	Hitch right knee. Step right beside left.	Hitch &	
7 & 8	Touch left heel forward. Step left beside right. Touch right to right side.	Heel & Touch	

Choreographed by: Gary and Marie Lafferty (UK) June 2007

Choreographed to: 'What Becomes Of The Brokenhearted' (Radio Edit) by Blue Lagoon (100 bpm) from CD Sentimental Fools,

or available as download from iTunes (64 count intro - start on main vocals)

Choreographers' note: Alternative floor splits - Have Fun Go Mad, or Lamtarra Rhumba