



Break My Bed, Not My Heart

32 Count 2 Wall Low Intermediate Level Dance.

Choreographed by: Sebastiaan Holtland (NL) Oct 2024

Choreographed to: Break My Bed Don't Break My Heart by Beats By Al

Intro: 16 Counts. Start at approx 11 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE, ROCK BACK BEHIND, ¼ STEP, LOCK, L STEP ¼ LEFT, R HITCH, R STEP LOCK STEP, L MAMBO STEP

- 1-2& RF step left, LF rock behind RF, RF recover
3&4 LF step fwd ¼ left, RF lock behind LF, LF step fwd RF hitch knee ¼ left (6:00)
5&6 RF step fwd, LF lock behind RF, RF step slightly fwd
7&8 LF mambo fwd, RF recover, LF step slightly back

Restart Here on Wall 3

SEC 2 SIDE ROCK, FULL TRIPLE TURN SWEEP, CROSS, ¼ SIDE, ROCK BACK, ½ BACK, ROCK BACK

- 1 RF rock right
2& LF step fwd ¼ left, RF step back ½ left, LF step side ¼ left RF sweep from back to front fwd (6:00)
4& RF step across LF, LF step slightly left ¼ right (9:00)
5-6 RF rock back, LF recover
&7-8 RF step back ½ left, LF rock back, RF recover (3:00)

SEC 3 ½ DIAMOND

- 1&2 LF step fwd RF step right ⅛ left, LF step back (1:30)
3&4 RF step back, LF step left ⅛ left, RF step fwd (12:00)
5&6 LF step fwd RF step right ⅛ left, LF step back (10:30)
7&8 RF step back, LF step left ⅛ left, RF step fwd (9:00)

SEC 4 KICK BALL POINT, HEEL TWIST, ½ STEP HITCH, STEP, ¼ COASTER STEP

- 1&2 LF kick fwd, LF replace, RF point out to right
3-4 RF push heel up fwd, RF replace
5-6 LF step fwd ½ left RF hitch knee, RF step fwd
7&8 LF step back ¼ right, RF step right, LF step fwd (6:00)

