

Heave Away

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Absolute Beginner Level Dance. Choreographed by: Rob Fowler (ES) Sept 2022 Choreographed to: Heave Away by The Fables Intro: 8 Counts. Start at approx 8 secs.

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SEC 1 WALK FORWARD X3, KICK, WALK BACK X3, TOUCH

- 1-2 Walk forward R, walk forward L
- 3-4 Walk forward R, kick L forward
- 5-6 Step back L, step back R
- 7-8 Step back L, touch R next to L
- Restart Here on Wall 3

SEC 2 FWD, TOGETHER, FWD, BRUSH, FWD, TOGETHER, FWD, TOUCH

- 1-2 Step R forward to R diagonal, step L next to R
- 3-4 Step R forward to R diagonal, brush L forward
- 5-6 Step L forward to L diagonal, step R next to L
- 7-8 Step L forward to L diagonal, touch R next to L

SEC 3 BACK, TOUCH, BACK, TOUCH, HEEL TWISTS

- 1-2 Step R back to R diagonal, touch L next to R (and clap)
- 3-4 Step L back to L diagonal, touch R next to L (and clap)
- 5-6 Twist both heels R, Twist both heels L
- 7-8 Twist both heels R, Twist both heels to centre (weight on L)

SEC 4 SIDE, TOUCH, SIDE, TOUCH, ³/₄ TURN WALK AROUND

- 1-2 Step R to R side, touch L next to R
- 3-4 Step L to L side, touch R next to L
- 5-6-7-8 Make ³/₄ turn R walking R, L, R, L (9:00)

