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Still Holding On

32 Count 2 Wall High Intermediate Level Dance.
 Choreographed by: Niels Poulsen (DK) Jan 2025
 Choreographed to: All My Love by Coldplay
 Intro: 8 Counts. Start at approx 7 secs.

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SEC 1 NIGHTCLUB BASIC, SIDE ½ SWEEP, SIDE CROSS, SIDE ROCK, WEAVE SWEEP, BEHIND SIDE FWD

- 1-2& Step R a big step to R side, close L behind R, cross R over L
 3-4& Step L to L side turn ½ R sweeping R fwd, step R to R side, cross L over R (6:00)
Styling 3 Lift R leg slightly off the floor
 5& Rock R to R side, recover on L
 6&7 Cross R over L, step L to L side, cross R behind L sweeping L to L side
 8&1 Cross L behind R, step R to R side, step L fwd

SEC 2 STEP ¼ CROSS, REVERSE ROLLING VINE, NIGHTCLUB BASIC, POINT, RUN AROUND ½

- 2&3 Step R fwd, turn ¼ L onto L, cross R over L (3:00)
 4& Turn ¼ R stepping back on L, turn ½ R stepping fwd on R (12:00)
 5-6& Turn ¼ R stepping L a big step to L side, close R behind L, cross L over R (3:00)
 7 Point R to R side prepping body slightly L
 8&1 Turn ¼ R stepping down on R, turn ⅛ R stepping L fwd, turn ⅛ R stepping R fwd sweeping L fwd (9:00)

SEC 3 CROSS SIDE, BACK ROCK SIDE, BACK ROCK, RECOVER SWEEP, MAMBO ¼, CROSS

- 2& Cross L over R, step R to R side
 3-4& Rock back on L, recover on R, step L to L side
 5-6 Rock back on R, recover on L sweeping R fwd
 7&8& Rock R fwd, recover back on L, turn ¼ R stepping R to R side, cross L over R (12:00)

Restart Here on wall 3

SEC 4 SIDE ¾ SWEEP, RUN X3 HITCH, RUN BACK X3, BACK ROCK, STEP ¼ CROSS

- 1 Step R to R side turning ¾ L on R sweeping L foot around (3:00)
 2&3 Step L fwd, step R fwd, rock L fwd hitching R knee
 4&5 Recover back on R, step back on L, step back on R
 6& Rock back on L, recover fwd onto R
 7-8& Step L fwd raising up on L toes, turn ¼ R onto R, cross L over R (6:00)

Tag At the end of Wall 5

SIDE BACK ROCK, SIDE BACK ROCK, ROCK & CROSS, ½ HINGE CROSS, SWAY, SWAY, ¼ STEP, STEP ¼ CROSS

Note Counts 1-4 have a rolling 8 timing, counts 5-8 go back into a 4/4-timing

- 1&a Step R to R side, quickly rock back on L, recover on R
 2&a Step L to L side, quickly rock back on R, recover on L
 3&a Rock R to R side, recover on L, cross R over L
 4&a Turn ¼ R stepping back on L, turn ¼ R stepping R to R side, cross L over R
 5-6-7 Step R to R side swaying body R, sway body L, turn ¼ R stepping onto R
 &8& Step L fwd, turn ¼ R stepping onto R, cross L over R

Ending After 11 counts of Wall 8, don't do the last ¼ R, Step L fwd and bring both hands fwd making a love sign



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