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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**Sequence:** Intro, 64, 64, Tag 1, 64, 32, Tag 2, Tag 1, 64

- Intro** Danced once at the start of the dance
- SEC 1 ARMS, HIPS**
- 1& Place right arm forward, place left arm forward  
2& Clap hands together (arms still extended), pull both arms towards chest  
3& Place right hand on right hip, place left hand on left hip  
4& Place right hand on left hip, place left hand on right hip  
5-6 Bump hips right placing right hand on right hip left hand on left hip, hold  
7&8 Bump hips left, bump hips right, bump hips left
- MAIN DANCE**
- SEC 1 SIDE ROCK, WEAVE, SIDE ROCK, WEAVE ¼ TURN**
- 1-2 Rock right to right, recover weight onto left  
3&4 Step right behind left, step left to left, cross right over left  
5-6 Rock left to left, recover weight onto right  
7&8 Step left behind right, turn ¼ right step right forward, step left forward (3:00)
- SEC 2 DOUBLE HEEL SWITCHES, HEEL SWITCHES, HEEL TWIST**
- 1-2 Touch right heel forward, touch right heel forward,  
&3-4 Step right beside left, touch left heel forward, touch left heel forward  
&5 Step left beside right, touch right heel forward  
&6 Step right beside left, touch left heel forward  
&7 Step left beside right, touch right toe forward  
&8 Twist right heel out, twist heel to centre
- SEC 3 BACK SHUFFLE, ½ TURN SHUFFLE, CROSS SIDE SAILOR STEP**
- 1&2 Step right back, step left beside right, step right back  
3&4 Turn ¼ left step left to left, step right beside left, turn ¼ left step left forward (9:00)  
5-6 Cross right over left, step left to left  
7&8 Step right behind left, step left to left, step right to right
- SEC 4 CROSS, ¼ BACK, BACK, BACK, PONY STEPS**
- 1-2 Cross left over right, turn ¼ left step right back (6:00)  
3-4 Step left back, step right back  
5& Step left back hitching right knee, step right forward  
6& Step left beside right hitching right knee, step right forward  
7& Step left beside right hitching right knee, step right forward  
8 Step left beside right hitching right knee
- Restart** Here on Wall 4, Dance Tag 2 then Tag 1 Then Restart
- SEC 5 ¼ STEP SWEEP, ¼ BACK, ¼ SIDE, HEEL TOE HEEL, SWIVELS**
- 1-2 Turn ¼ right step right forward sweep left from back to front, cross left over right (9:00)  
3-4 Turn ¼ left step right back, turn ¼ left step left to left (3:00)  
5&6 Twist right heel in, twist right toe in, twist right heel in  
7&8 Twist both heels left, twist both toes left, twist both heels left

## Get Juicy

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### SEC 6 SHUFFLE, SHUFFLE, ¼ WALK AROUND

- 1&2 Step right to right diagonal, step left beside right, step right to right diagonal  
3&4 Step left to left diagonal, step right beside left, step left to left diagonal  
5-6 Turn ¼ right step right forward, turn ¼ right step left forward (9:00)  
7-8 Turn ¼ right step right forward, step left beside right (12:00)

### SEC 7 MASH POTATO STEPS, BACK ROCK & BACK ROCK

- &1 Twist both heels out, step right back twist both heels in  
&2 Twist both heels out, step left back twist both heel in  
&3-4 Twist both heels out, step right back twist both heels in, step left back  
5-6 Rock right back, recover weight onto left  
&7-8 Step right beside left, rock left back, recover weight onto right

### SEC 8 JUMP FORWARD, ¼ JUMP BACK, JUMP FORWARD, ¼ JUMP BACK, OUT OUT, HIPS

- &1 Step left forward, step right beside left  
&2 Turn ¼ right step left back, step right beside left (3:00)  
&3 Step left forward, step right beside left  
&4 Turn ¼ right step left back, step right beside left (6:00)  
&5-6 Step left forward, step right to right, bump hips right  
7&8 Bump hips left, bump hips right, bump hips left

**Tag 1** Danced After Wall 2 And After Tag 2

### SEC 1 HEEL BOUNCES

- 1-8 Bounce right heel 8 times raising right arm to right side  
9-16 Bounce left heel 8 times raising left arm to left side

### SEC 2 SIDE ROCK X 2& SIDE ROCK X 2

- 1-2 Rock right to right, recover weight onto left  
3-4 Rock right to right, recover weight onto left  
&5-6 Step right beside left, rock left to left, recover weight onto right  
7-8 Rock left to left, recover weight onto right

### SEC 3 SIDE ROCK & SIDE ROCK & SIDE, HIPS

- &1-2 Step left beside right, rock right to right, recover weight onto left  
&3-4 Step right beside left, rock left to left, recover weight onto right  
&5-6 Step left beside right, step right to right, bump hips right  
7&8 Bump hips left, bump hips right, bump hips left

**Tag 2** Danced After 32 Counts Wall 4

### SEC 1 STOMP, HOLD, STOMP, HOLD

- 1-8 Stomp right to right diagonal, hold 7 counts  
9-16 Stomp left to left diagonal, hold 7 counts

### SEC 2 STOMP, HOLD, STOMP, HOLD

- 1-4 Stomp right to right diagonal, hold 3 counts  
5-8 Stomp left to left diagonal, hold 3 counts

### SEC 3 WALK BACK X4, RUN ROUND X4, OUT, OUT

- 1-2 Step right back, step left back  
3-4 Step right back, step left back  
5&6& Run Right, Left, Right, Left making full turn Right,  
7-8 Step Right to Right, Step Left to Left

