

Remember to Vote for your favourite dances in the Linedancer Charts.

Choreographed by:- The Pixie Dusters.
Claire Bell (UK), Pat Stott (UK), Julie Carr (UK), Lesley Kidd (UK),
Julie Snailham (ES) & Rob Fowler (UK/ES) & I.C.E.

SEC 1 R HEEL GRIND ¼ R, R COASTER, L HEEL GRIND ¼ L, L COASTER

- 1,2 Rock fwd R heel twisting R toe from L to R making ¼ turn R, recover weight to L (3:00)
3&4 Step back on R, close L next to R, step forward on R
5,6 Rock fwd L heel twisting L toe from R to L making ¼ turn L, recover weight to R (12:00)
7&8 Step back on L, close R next to L, step forward on L

SEC 2 ROCK FWD R, RECOVER, 1½ TURN R, ROCK FWD L, RECOVER, ¾ TRIPLE TURN L

- 1,2 Rock fwd on R, recover on L
3&4 ½ turn R stepping R fwd, ½ turn R stepping L back, ½ turn R stepping R fwd
OPTION Easier option: triple ½ turn R (6:00)
5,6 Rock fwd on L, recover on R
7&8 ¼ turn L stepping L to L side, ¼ turn L stepping R next to L, ¼ turn L stepping L fwd (9:00)

RESTART During Wall. Replace the ¾ triple turn L at Counts 7&8 with ½ triple turn L, then restart facing 12:00

SEC 3 SWITCHES R & L, R KICK, STEP R, TOUCH L BACK, ½ TURN L, ½ TURN R, STEP L, PIVOT ½ R

- 1&2& Point R to R side, step R next to L, point L to L side, step L next to R (9:00)
3&4 Kick R fwd, step R next to L, touch L toe back
5,6 Unwind upper body ½ turn L to 3:00 (weight on L), unwind ½ turn R back to face 9:00 (weight on R)
7,8 Step fwd on L, pivot ½ turn R (3:00)

SEC 4 CROSS ROCK, RECOVER, STEP L, CROSS ROCK, RECOVER, STEP R, WEAVE, HEEL JACK, HOLD

- 1,2& Cross rock L over R, recover weight on R, step L next to R
3,4& Cross rock R over L, recover weight on L, step R next to L
5&6 Cross L over R, step R to R side, step L behind R
&7,8 Step R to R side, touch L heel to L diagonal, hold (3:00)

SEC 5 MODIFIED ¼ TURN R JAZZ BOX, APPLEJACKS

- &1,2 Step L next to R, cross R over L, turn ¼ R stepping back on L (6:00)
3,4 Stomp R to R side, stomp L to L side (feet slightly apart)
&5&6 Twist L toe to L, twist R heel to L, recover, twist R toe to R, twist L heel to R, recover
&7&8 Twist L toe to L, twist R heel to L, recover, twist R toe to R, twist L heel to R, recover (weight on L)

OPTION ALTERNATIVE STEPS TO REPLACE APPLEJACKS – HEEL TWISTS R-L-R-L)

- &5&6 Twist R heel in, twist R heel centre, twist L heel in, twist L heel centre
&7&8 Twist R heel in, twist R heel centre, twist L heel in, twist L heel centre (weight on L)

Strong Women

Page 1 of 2...



Strong Women

Page 2 of 2...

SEC 6 STOMP R DOROTHY, STOMP L DOROTHY, ROCK FWD R, RECOVER, $\frac{3}{4}$ TRIPLE TURN R

1,2& Stomp R diagonally fwd R, lock L behind R, step fwd R

3,4& Stomp L diagonally fwd L, lock R behind L, step fwd L

5,6 Rock fwd on R, recover on L

7&8 $\frac{1}{4}$ turn R stepping R to R side, $\frac{1}{4}$ turn R stepping L next to R, $\frac{1}{4}$ turn R stepping R fwd (3:00)

SEC 7 ROCK FWD L, RECOVER, STEP L, ROCK FWD R, RECOVER, STEP R, TRAVELLING BACK TOE TOUCHES, HIP BUMPS

1,2& Rock fwd on L, recover on R, step L next to R

3,4 Rock fwd on R, recover on L

&5&6 Step back on R, touch L fwd, step back on L, touch R fwd

&7&8 Step back on R, touch L fwd, bump hip L, bump hip R (weight on R) (3:00)

SEC 8 STEP L, R VAUDEVILLE, L VAUDEVILLE, STEP L, CROSS R, UNWIND $\frac{3}{4}$ L, SIDE R, DRAG L, STEP L

&1&2 Step L next to R, cross R over L, step L to L side, touch R heel to R diagonal

&3&4 Step R next to L, cross L over R, step R to R side, touch L heel to L diagonal

&5,6 Step L next to R, cross R over L, unwind $\frac{3}{4}$ turn L (weight on L)

7,8& Large step R to R side, drag L up to R, close L next to R (6:00)

Start Over

ENDING: During Wall 6 Dance Count 6 of Section 6,

Then replace the $\frac{3}{4}$ turn R at counts 7&8 with $\frac{1}{2}$ turn R to finish facing 12.00 and stomp forward Left!

With thanks to Hayley Goy for the music

