

## Hit Me Up

48 count, 4 wall, Intermediate level

Choreographer: Terri Alexander (USA) Oct 06

Choreographed to: Hit Me Up by Gia Farrell, CD

Single or Happy Feet Soundtrack

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Intro: 16 counts

**Rock Forward, Recover, Full Turn, Back Rock Step, Kick Ball Cross, Unwind  $\frac{3}{4}$**

- 1,2 Rock R forward, Recover weight to L  
3,4 Turn R  $\frac{1}{2}$  stepping R forward, Turn R  $\frac{1}{2}$  stepping L back  
5&6 Rock back on R, recover weight to L, Kick R diagonally forward R  
&7,8 Step on ball of R beside L, cross L over R, unwind  $\frac{3}{4}$  turn to R (9 o'clock)

**R Step Lock Step Forward, Rock Forward, Recover,  $\frac{1}{2}$  Turn, Step,  $\frac{3}{4}$  Sailor**

- 1&2 Step R forward, Lock L behind R, Step R forward  
3,4 Rock L forward, recover weight to R  
5,6 Turn L  $\frac{1}{2}$  stepping L forward, Step R forward  
7&8  $\frac{3}{4}$  sailor turning L – step L behind R turning  $\frac{1}{4}$ , Step R to R turning  $\frac{1}{4}$ , turn  $\frac{1}{4}$  stepping L forward (6 o'clock)

**Step R, Step L behind R, Ball Cross, Ball Cross, Point Hitch Point, Sailor  $\frac{1}{2}$  Turn**

- 1,2 Step R to R, Step L behind R  
&3&4 Step on ball of R beside L, Cross Step L over R, Step on ball of R, Cross Step L over R  
5&6 Point R to R side, Hitch R, Point R to R side  
7&8 Sailor turning  $\frac{1}{2}$  to (12 o'clock)

**Step L, Brush Hitch Turn, Rock, Recover, Walk R, L, Pivot  $\frac{3}{4}$ , L Coaster**

- 1&2 Step L diagonally forward, Brush R forward into hitch, Turn  $\frac{1}{4}$  to R (3 o'clock)  
3&4 Rock R back, recover weight to L, Step R forward  
5,6 Step L forward, Pivot  $\frac{3}{4}$  turn R stepping weight to R (12 o'clock)  
7&8 L Coaster – step L back, step R beside L, Step L forward

**Vaudeville (Cross Ball Heel Ball Cross Ball Heel), Step In, Touch, Step Back, Touch, Bumps**

- 1&2 Cross step R over L, step diagonally back on L, Touch R heel diagonally forward R  
&3&4 Step on ball of R beside L, Cross step L over R, step diagonally back on R, Touch L heel diagonally forward L  
&5&6 Step L to center, Touch R beside L, Step R diagonally back R, Touch L diagonally forward  
7&8 Bump hips forward, back, forward (weight ends forward on L)(10:30 o'clock)

**Weight Back (Head Turn), Step Forward, Turn  $\frac{1}{2}$ , L Coaster,  $\frac{1}{8}$  Turn,  $\frac{1}{2}$  Hinge, Slide**

- 1,2 Still on Diagonal Direction: Shift weight back to R (look over R shoulder), Step Forward L (10:30)  
3 Turn  $\frac{1}{2}$  turn stepping R back (facing 4:30)  
4&5 L Coaster- Step L back, step R beside L, Step L forward  
6,7 Turn  $\frac{1}{8}$  L stepping R to R side (straightening to 3:00 wall), Hinge turn  $\frac{1}{2}$  L stepping L to L side  
8 Slide L foot beside (9 o'clock)

Repeat

Crank It Up...and Dance!!!