



**Track:** 2:36m

**SECTION 1 HEEL SWITCHES X 4 (R,L,R,L)**

1-2 Touch R Heel forward on floor, Step RF beside L  
3-4 Touch L Heel forward on floor, Step LF beside R  
5-6 Touch R Heel forward on floor, Step RF beside L  
7-8 Touch L Heel forward on floor, Step LF beside R

**SECTION 2 TRAVELLING SWIVELS RIGHT, LEFT (WITH HAND CLAP)**

1-4 Swivel both heels to right, both toes to right, both heels to right, Clap hands  
5-8 Swivel both heels to left, both toes to left, both heels to left, Clap hands

**SECTION 3 HEEL/TOE IN PLACE X 2, HEEL/TOE FORWARD X 2**

1-4 Step RF in place on heel, Step down on toes/ Step LF in place on heel, Step down on toes  
5-8 Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes

**SECTION 4 MODIFIED TOE STRUT V-STEP**

1-2 Touch RF toe to R side (3:00), Step heel down  
3-4 Touch LF toe to L side (9:00), Step heel down  
5-6 Touch RF toe behind to centre, Step heel down  
7-8 Step LF toe beside R, Step heel down

**REPEAT**