

Weekly Fool

64 Count, 4 Wall, Intermediate Level

Choreographer: Judy McDonald (Can) 2008

Choreographed to: Seven Day Fool by Jully Black

RIGHT VINE, LEFT TOUCH, LEFT STEP FORWARD, RIGHT TOUCH, RIGHT STEP, LEFT KICK

- 1-4 Step right to side, step left behind right, step right to side, touch left beside right
5-8 Step left forward, touch right toe behind left, step right in place, kick left forward

LEFT STEP DIAGONAL BACK, RIGHT CROSS TWICE, JAZZ BOX, RIGHT TOUCH

- 1-4 Step left back on a diagonal, step right back across left, step left back on a diagonal, step right back across left (this is the first step of the box)
5-8 Step left back, step right to side, step left forward, touch right beside left

RIGHT STEP DIAGONAL, LEFT STEP DIAGONAL, RIGHT STEP DIAGONAL, LEFT STEP BACK, RIGHT STEP BACK, LEFT STEP BACK

- 1-4 Step right slightly forward on a diagonal, step left slightly forward on a diagonal
5-8 Step right slightly forward on a diagonal, step left slightly back on a diagonal, step right slightly back on a diagonal, step left to the side
This is all very tight. Bend your knees and groove on this. When they're singing the days of the week, don't even count. Just do the steps when they sing the day

BUMP HIPS RIGHT, LEFT, RIGHT-LEFT-RIGHT, LEFT, RIGHT, LEFT-RIGHT-LEFT (WATUSI)

- 1-2-3&4 Bump hips right, bump hips left, bump hips right, bump hips left, bump hips right
5-6-7&8 Bump hips left, bump hips right, bump hips left, bump hips right, bump hips left
While you do this, bend your arms and keep your elbows step to your body and swing your arms in the direction of your hips, making a circle on the "&" counts

RIGHT WEAVE, RIGHT ROCK & CROSS

- 1-4 Step right to side, step left behind right, step right to side, step left across in front of left
5-8 Step right to side, step left in place, step right across in front of left, hold

LEFT ROCK & CROSS, ¼ TURN LEFT, FLICK RIGHT, WALK FORWARD RIGHT, HOLD, WALK FORWARD LEFT, HOLD

- 1-4 Step left to side, step right in place, step left across in front of right, make ¼ turn left and flick right foot up behind
5-8 Step right forward, hold, step forward, hold

RIGHT STEP, LEFT TOGETHER, RIGHT STEP, LEFT TOUCH, LEFT STEP, RIGHT TOGETHER, LEFT STEP, RIGHT TOUCH (SKATE)

- 1-4 Step right to side, step left beside right, step right to side, touch left beside right
5-8 Step left to side, step right beside left, step left to side, touch right beside left
Swing your arms in the direction you're going (the old '60s skate). Think "Shoop Shoop"

RIGHT STEP, LEFT TOUCH, LEFT STEP, RIGHT TOUCH, HOLD (OR SHIMMY, OR BUMP, OR SHAKE)

- 1-4 Step right slightly side, touch left beside right, step left slightly side, touch right beside left
5-8 For the next 4 counts either hit the break and hold or, roll your hips, or bump your hips, or just shimmy or shake

- TAG** After the 1st and 2nd time you do the dance there are an extra 8 counts (you'll be facing the back wall and then the front wall). Both times, to "The Jerk" for the 8 counts. put your feet together, alternate raising one arm up and the other down at your side, while "jerking" or contracting your body