

## The Lady Song

80 Count, 2 Wall, Phrased Advanced

Choreographer: Roy Verdonk (NL), Sebastiaan Holtland (NL),  
Jef Camps (BE), & Wil Bos (NL) March 2017

Choreographed to: I'm a Lady - Meghan Trainor  
(From The Motion Picture Smurfs: The Lost Village).

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**Introduction: 32 counts, start on approx 11 sec.**

**Sequence: A, B16, Tag\*, A, B, A, B, B ending 12 o'clock.**

### Pattern A: 48 counts.

#### **A[1-8] Fwd Toe Strut R, Side Toe Strut L, Back, Together, ¼ Pivot Turn L.**

1-4 Step R forward on toes, Put R heel down, Step L to L on toes, Put L heel down.

5-8 Step R back, Step L beside R, Step R forward, Pivot ¼ turn L (9) onto L.

#### **A[9-16] Toe Strut Across, ¼ Turn R, Toe Strut Back, Side, Cross, Side Rock / Recover.**

1-4 Step R across L on toes, Put R heel down, Making ¼ turn R (12) step L back on toes, Put L heel down.

5-8 Step R to R, Step L across R, Step R to R, Recover back onto L.

#### **A[17-24] Cross, Kick L (diag), Weave R, Hold, & Cross, Side Point R.**

1-6 Step R across L, Kick L diagonal out L, Step L behind R, Step R to R, Step L across R, Hold.

7&8 Step R slightly to R, Step L across R, Point R out to R.

#### **A[25-32] Cross, ¼ Turn R, Back, Touch Fwd, Replace, Scuff with ½ Turn L, Knee Lift L.**

1-4 Step R across L, Making ¼ turn R (3) step L back, Step R back, Touch L forward.

5-8 Step L back in place, Scuff R forward, Making ½ turn L (9) step R back in place, Lift L knee up.

#### **A[33-40] Syncopated Hip Bumps L, R, L, Side, Together, Step, Fwd Rock / Recover, Jump Both Feet Apart, Hold.**

1&2 Step L to L, Bump L hip to L, Bump R hip to R, Bump L hip to L. (9.00)

3&4 Step R to R, Step L beside R, Step R forward.

5-6 Step L forward, Recover back onto R.

&7-8 Jump Both feet apart (&7), Hold.

#### **A[41-48] & Cross, ¼ Diamond L, Runs Fwd L, R, L, Knee Lift R with ¼ Turn L, Runs Fwd R, L, R, Knee Lift L with ¼ Turn L.**

&1&2 Step R beside L, Cross L over R, Step R to R, Making 1/8 turn (7.30) step L back.

3&4 Step R back, Step L to L squaring up at (6:00), Step R forward.

5&6 Making ¼ turn L (3) stepping L forward, Stepping R forward, Stepping L forward and lift R knee up.

7&8 Making ¼ turn L (12) stepping R forward, Stepping L forward, Stepping R forward and lift L knee up.

### Pattern B: 32 counts.

#### **B[1-8] Stomp & Flick, Stomp, Sailor Step, Together, Fwd Rock / Recover, Sweep L with ¼ Turn L, Sailor Step, Together.**

1&2 Stomp L back in place, Flick R heel up behind L, Stomp R back in place.

3&4& Step L behind R, Step R to R, Step L to L, Step R beside L.

5-6 Step L forward, Recover back onto R, Making ¼ turn L and sweep L from front to back.

7&8& Step L behind R, Step R to R, Step L to L, Step R beside L.

#### **B[9-16] Fwd Rock / Recover, Sweep L with ¼ Turn L, Replace, Knee Pop Fwd, Small Step Back, Knee Pop Fwd, 2x Syncopated Kick & Hip Bumps Travelling Fwd.**

1-2 Step L forward, Recover back onto R, Making ¼ turn L and sweep L from front to back.

3&4 Step L back in place and pop R knee forward, Step R back in place. Step L slightly back and pop R knee forward.

5&6& Kick R forward, Step R back in place, Step L to L and bump L to L, Recover back onto R.

7&8& Kick L forward, Step L back in place, Step R to R and bump R to R, Recover back onto L.

**TAG: Here in wall 2 after 16 counts, after start again 6 o'clock.**

**(NB: Tag here in 1st of part B after 16 counts, after start again with A (facing 6 o'clock).**

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**B[17-24]**      **Side, Together, Side & Low Kick L, Weave R, Recover & Side, Cross Shuffle R, Side & Back**  
1&2      Step R to R, Step L beside R, Step R to R, Kick low L out to L.  
3&4      Step L behind R, Step R to R, Step L across R.  
5&6&7      Recover back onto R, Step L to L, Step R cross L, Step L slightly to L, Step R across L.  
&8      Step L to L, Step R back ( Note technical: diagonal )

**B[25-32]**      **Back, ¼ Turn R, Side, Step, Cross Samba with ¼ Turn R, Side Chasse with ¼ Turn L, Back, ¼ Turn L, Side, Stomp.**  
1&2      Step L back, Making ¼ Turn R and step R to R, Step L forward.  
3&4      Step R across L, Making ¼ Turn R and step L slightly to L, Step R slightly to R.  
5&6      Step L to L, Step R beside L, Making ¼ turn L and step L forward.  
7&8      Step R back, Making ¼ turn L and step L to L, Stomp R beside L.

**TAG:**      **Back, ¼ Turn L, Side, Step, Cross, ¼ Turn R, Back, ¼ Turn R, Side, Cross, Side, Together, Side & Low Kick L, Side Chasse with ¼ Turn L.**  
1&2      Step R back, Making ¼ Turn L and step L to L, Step R across L.  
3&4      Making ¼ turn R and step L back, Continue a ¼ turn R and step R to R, Step L across R.  
5&6      Step R to R, Step L beside R, Step R to R, Kick low L out to L.  
7&8      Step L to L, Step R beside L, Making ¼ turn L and step L forward.

**REPEAT DANCE AND HAVE FUN!!**

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