



Approved by:

Frank Trace

Better & Better

4 WALL LINE DANCE, 32 COUNTS. BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Forward Hip Bumps, Step 1/2 Pivot Left, Right Shuffle.		
1 & 2	Step right forward bumping hips - Forward Back Forward	Right Hip Bump	Forward
3 & 4	Step left forward bumping hips - Forward Back Forward	Left Hip Bump	
5 - 6	Step forward right. Pivot 1/2 turn left.	Step Pivot	Turning Left
7 & 8	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward
Section 2	Left Point Cross, Right Point Cross, Back, 1/4 Turn Right, Step Hitch		
1 - 2	Point left to left side. Cross left over right.	Point Cross	On the spot
3 - 4	Point right to right side. Cross right over left.	Point Cross	
5 - 7	Step back left. Step right 1/4 turn right. Step left beside right.	Back Turn Step	Turning right
8	Hitch right leg to left diagonal across left leg.	Hitch	On the spot
Restart:	During wall 4, restart the dance after 16 counts (12:00)		
Section 3	Side Right, Behind, Right Triple, Side Left, Behind, Left Triple		
1 - 2	Step right to right side. Cross left behind right.	Step Behind	Right
3 & 4	Triple step in place - Right, Left, Right.	Triple Step	On the spot
5 - 6	Step left to left side. Cross right behind left.	Step Behind	Left
7 & 8	Triple step in place - Left, Right, Left.	Triple Step	On the spot
Section 4	Right Shuffle, Heel, Hitch, Left Shuffle, Heel, Hitch.		
1 & 2	Step forward right. Close left beside right. Step forward right.	Right Shuffle	Forward
3 - 4	Touch left heel forward. Hitch left knee.	Heel Hitch	On the spot
5 & 6	Step forward left. Close right beside left. Step forward left.	Left Shuffle	Forward
7 - 8	Touch right heel forward. Hitch right knee.	Heel Hitch	On the spot

Choreographed by: Frank Trace (USA) Dec 2011

Choreographed to: Better Than Today by Kylie Minogue
(16 Count intro) from Aphrodite CD (116bpm)



A video clip of this dance is available at www.linedancermagazine.com