

Track: 2:47 mins; 76 bpm

Start weight on L crossed over R - 16 count intro

**S1 NC BASIC R, NC BASIC L; REVERSE RUMBA BOX**

- 1, 2& Long step side R, step L back and slightly behind, cross R  
3, 4& Long step side L, step back R and slightly behind, cross L  
5&6& Step R to side, close L, step back R, touch L home  
7&8& Step L to side, close R, step forward L, touch R home

**S2 PLACE-TWIST-TWIST-KICK-COASTER STEP; MIRROR**

- 1&2& Place R forward (no weight), twist both heels R, L (weight L), kick R forward  
3&4 Step back R, close L, step forward R  
5&6& Place L forward (no weight), twist both heels L, R (weight R), kick L forward  
7&8 Step back L, close R, step forward L

**S3 HEEL STRUT, HEEL STRUT, CHUG 2X TURNING LEFT; REPEAT**

- 1& Touch R heel slightly forward, drop ball taking weight  
2& Touch L heel slightly forward, drop ball taking weight  
3&4& Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [9], weight L  
5& Touch R heel slightly forward, drop ball taking weight  
6& Touch L heel slightly forward, drop ball taking weight  
7&8& Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [6], weight L  
(hint: over-rotate slightly to left diagonal on last chug)

**S4 CROSS-BACK-SIDE, CROSS-BACK-SIDE; TWIST-&-TWIST-&-KICK-BALL-CROSS  
(Note: counts 1-4 move slightly back)**

- 1&2,3&4 Cross R, step back L, step R to side; cross L, step back R, step L to side (feet apart)  
5& Twist R heel in, twist R heel out, ending with weight on R  
6& Twist L heel in, twist L heel out, ending with weight on L (open slightly to right diagonal)  
7&8 Kick R to right, step R ball home, cross L (ready to step side R into NC basic)

**TAG AFTER 5th repetition facing 6:00—repeat kick-ball cross**

- 1&2 Kick R forward, step R ball home, cross L
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