

Holding On To Yesterday

32 Count, 4 Wall, Improver

Choreographer: Peter Metelnick & Alison Biggs
(April 2009)

Choreographed to: I Told You So by Carrie Underwood &
Randy Travis, CD Single

Start after 16 count intro

RIGHT FORWARD, LEFT FORWARD ROCK & RECOVER, LEFT BACK, RIGHT COASTER CROSS, LEFT SIDE ROCK CROSS, ½ LEFT PIVOT

- 1 Step right forward
- 2&3 Rock left forward, recover on right, step left back
- 4&5 Step right back, step left together, cross right over left
- 6&7 Rock left to side, recover on right, cross left over right
- 8& Turn ¼ left and step right back, turn ¼ left and step left side (6:00)

RIGHT CROSS ROCK & RECOVER, RIGHT SIDE, LEFT CROSS ROCK & RECOVER, ¼ LEFT & LEFT FORWARD, RIGHT FORWARD, ½ LEFT PIVOT TURN, ½ LEFT & RIGHT BACK, LEFT BACK, RIGHT COASTER CROSS

- 1-2& Cross/rock right over left, recover on left, step right to side
- 3-4& Cross/rock left over right, recover on right, turn ¼ left and step left forward (3:00)
- 5-6& Step right forward, turn ½ left (weight to left), turn ½ left and step right back (3:00)
- 7 Step left back
- 8&1 Step right back, step left back, cross right over left

LEFT BOX, ¼ LEFT & LEFT SIDE ROCK & RECOVER, LEFT BEHIND-SIDE-CROSS

- 2&3 Step left to side, step right together, step left forward
 - 4&5 Step right to side, step left together, step right back
 - 6-7 Turn ¼ left and rock left to side, recover on right (12:00)
 - 8&1 Cross left behind right, step right to side, cross left over right
- Ending: on final wall the dance will end here. Strike a pose

RIGHT SIDE ROCK & RECOVER, RIGHT BEHIND, ¼ LEFT & LEFT FORWARD, RIGHT FORWARD, LEFT FORWARD, ½ RIGHT PIVOT TURN, FULL LEFT TURN FORWARD

- 2-3 Rock right to side, recover on left
 - 4&5 Cross right behind left, turn ¼ left and step left forward, step right forward (9:00)
 - 6&7 Step left forward, turn ½ right and step left forward (3:00)
 - 8& Turn ½ left and step right back, turn ½ left and step left forward (3:00)
- Non-turning option for 8&: step right forward, step left together

TAG: At the end of the 4th wall do the following 8 count tag facing the front wall and then restart the dance

- 1 Step right forward
 - 2&3 Step left forward, turn ½ right (weight to right), step left forward
 - 4&5 Step right forward, turn ½ left (weight to left), step right forward
 - 6-8 Sway hips left, right, left
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Music download available from iTunes
