



Track: Approx. 3:37mins

Introduction: 16 counts, start on approx. 09 sec. No Tags Or Restarts.

**Section 1** **Side, Behind, Fwd with ½ Turn R, Side, Behind, Side with ¼ Turn L, Syncopated Rocks Fwd R, L.**  
1,2& Step R to R (1), Step L behind R (2), Make ½ Turn R (6.00) and step R fwd (&).  
3,4& Step L to L (3), Step R behind L (4), Make ¼ turn (3.00) step L to L (&).  
5,6 Rock R fwd (5), Recover back onto L (6).  
&7,8 Step R beside L (&), Rock L fwd (7), Recover back onto R (8).

**Section 2** **Side, Behind, Fwd with ½ Turn L, Side, Behind, Side, Syncopated Rocks Fwd L, R.**  
1,2& Step L to L (1), Step R behind L (2), Make ½ Turn L (9.00) and step L fwd (&).  
3,4& Step R to R (3), Step L behind R (4), Step R to R (&).  
5,6 Rock L fwd (5), Recover back onto R (6).  
&7,8 Step L beside R (&), Rock R fwd (7), Recover back onto L (8).

**Section 3** **Back, Side Rock L / Recover, Cross, Side, Back, Side Rock R / Recover, Cross, Point L.**  
1,2& Step R back (1), Rock L to L (2), Recover back onto R (&).  
3,4 Step L across R (3), Step R to R (4).  
5,6& Step L back (5), Rock R to R (6), Recover back onto L (&).  
7,8 Step R across L (7), Point L out to L (8).

**Section 4** **Back Rock L / Recover with 1/8 Turn L, ½ Shuffle Turn R, Back Rock R / Recover, Kick ball R (diag) with 1/8 Turn L, Together.**  
1,2 Make 1/8 Turn L (7.30) rock L back (1), Recover back onto R (2).  
3&4 On diagonal: Make ½ turn R (1.30) step L back (3), Step R beside L (&), Step L back (4).  
5,6 On diagonal: Rock R back (5), Recover back onto L (6).  
7&8 On diagonal: Kick R slightly diagonal fwd (7), Make 1/8 turn L (12.00) step R back in place on ball (&), Step L beside R (8).

**Section 5** **Syncopated Heel Tap & Hip Bump L, Low Kick L Ball Point R, Cross Sailor R with ¼ Turn R, Cross Sailor L.**  
1&2& Touch R heel fwd (1), Step R back in place (&), Step L to L bump L hip to L (2), L hip back to centre (4).  
3&4 Kick L low fwd (3), Step L back in place on ball (&), Point R out to R (4).  
5&6 Step R across L (5), Make ¼ turn R (3.00) step L to L (&), Step R to R (6).  
7&8 Step L across R (7), Step R to R (&), Step L to L (8).

**Section 6** **Heel Grind R with ¼ Turn R, Sugar Foot L, Sugar Foot R with ¼ R, Back Rock R/Recover, ½ Pivot Turn L.**  
1,2 Step R heel forward and grind to R (1), Make ¼ turn R (6.00) and step back onto L (2).  
3 Step R back and push L toes to L and holding L heel on the floor (3).  
4 Step L back and make ¼ turn R (9.00) push R toes to R and holding R heel on the floor (6).  
5,8 Rock R back (5), Recover back onto L (6), Step R forward (7), Pivot turn ½ turn L (3.00) over R and taking weight onto L (8).

**Section 7** **Bota Fogo R, Back Bota Fogo L with 1/8 Turn L, Heel Switches R, L, R, L with 1/8 Turn L.**  
1&2 Step R forward (1), Step L to L (&), Recover back onto R (2).  
3&4 Make 1/8 turn L (1.30) step L back (3), Step R to R (&), Recover back onto L (4).  
5&6& On diagonal: Touch R heel fwd (5), Step R back in place (&), Make 1/8 turn L (12.00) touch L heel fwd (6), Step L back in place (&).  
7&8 Touch R heel fwd (7), Step R back in place (&), Touch L heel fwd holding weight onto R (8).

**Section 8** **Volta Shuffles ½ L Arch Cross, Side, Hold, & Cross.**  
1&2&3&4 Circle L: Step L forward (1), Step R beside L (&), Step L fwd (2), Step R beside L (&), Step L fwd (3), Step R beside L (&), Step L fwd squaring up at (6:00) (4).  
5,7 Step R across L (5), Step L to L (6), Hold (7).  
&8 Step R beside L (&), Step L across R (8).

**REPEAT DANCE AND HAVE FUN!**

