

## Bar Fly Stomp

BEGINNER

64 Count

Choreographed by: Lana Harvey Wilson

Choreographed to: Another Good Reason by Alan Jackson

---

### FORWARD STOMP FANS

- 1 Stomp left forward, toe pointing 45 to right side
- 2 Fan left toe to 45 left, putting weight on left
- 3 Stomp right forward, toe pointing 45 to left side
- 4 Fan right toe to 45 right, putting weight on right
- 5 - 8 Repeat 1-4

### FORWARD ROCK, HOLD, BACK, HOLD, STEP-SLIDE-STEP/1/2 TURN

- 9 - 10 Stomp forward onto left, hold
- 11 - 12 Rock back onto right, hold
- 13 Turning 1/4 left, step left to left side
- 14 Slide right to left, weight on it.
- 15 - 16 Turning 1/4 left, step forward on left, hold.

### FORWARD STOMP FANS

- 17 Stomp right forward, toe pointing 45 to left side
- 18 Fan right toe to 45 right, putting weight on right
- 19 Stomp left forward, toe pointing 45 to right side
- 20 Fan left toe to 45 left, putting weight on left
- 21 - 24 Repeat 17-20

### FORWARD ROCK, HOLD, BACK, HOLD, STEP-SLIDE-STEP/1/2 TURN

- 25 - 26 Stomp forward onto right, hold
- 27 - 28 Rock back onto left, hold
- 29 Turning 1/4 right, right to right side
- 30 Slide left to right, weight on it
- 31 - 32 Turning 1/4 right, step forward on right, hold

### STEP-SLIDE-STEP, SCUFF, STEP, SCUFF, STEP SCUFF

- 33 - 34 Step left to left, slide right to left, weight on it
- 35 - 36 Step left to left, scuff right heel forward
- 37 - 38 Step right next to left, scuff left heel forward
- 39 - 40 Step left next to right, scuff right heel forward

### STEP-SLIDE-STEP/1/4 RIGHT, SCUFF, STEP, SCUFF, STEP/1/4 RIGHT, SCUFF

- 41 - 42 Step right to right
- 42 Slide left to right, weight on it
- 43 Step right to right turning 1/4 right
- 44 Scuff left heel forward
- 45 Step forward on left
- 46 Scuff right heel forward
- 47 Step right forward 1/4 turn to right
- 48 Scuff left heel forward

### FORWARD ROCK, RECOVER, BACK HITCH/SCOOT

- 49 - 50 Rock forward on left, rock back onto right
- 51 - 52 Step back left, hitch right knee and scoot back on left
- 53 - 54 Step back right, hitch left knee and scoot back on right
- 55 - 56 Step back, rock forward onto right.

**/Easier option: on 51-54, just step back and hitch, leaving out the scoots.**

### BACK ROCK, STEP, SCUFF, HEEL, HITCH/SCOOT, HEEL, HOLD

- 57 - 58 Step forward on left, scuff right heel forward
- 59 - 60 Cross step right over left, scoot back on right.
- 61 - 62 Cross left over right, scoot back on left.
- 63 - 64 Stomp right next to left, weight on it, hold

**/Easier option, 59-62: cross, hold, cross, hold.**

**REPEAT**

---

(23887)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute